

Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:59.71	227	F	07/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
3:04.49	209	F	18/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk	3
3:07.75	199	F	02/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
3:14.88	178		27/06/15	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
3:24.18	154		21/06/14	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
3:27.25	148	F	23/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
3:42.66	119		12/01/14	Sudbury & District January Time Trials	Sudbury	West Suffolk	3
3:46.67	113	F	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	West Suffolk	3
3:56.53	99	F	02/12/12	Newmarket & District SC Open Meet	Newmarket	West Suffolk	3

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