

# Individual Best Times (All Time)

Sebastian Munro-Smith - (882622) - West Suffolk Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.85	239	F	18/06/17	Suffolk County Development Meet	Ipswich	West Suffolk	3
1:19.13	227	F	06/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:20.89	213	F	07/05/16	West Suffolk A'May'zing Spring Development Meet	Bury St Edmunds	West Suffolk	3
1:22.67	199	F	30/11/16	West Suffolk Club Championships 2016	Bury St Edmunds	West Suffolk	4
1:24.28	188	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	West Suffolk	3
1:24.60	186	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket	West Suffolk	3
1:25.46	180		28/06/15	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:26.23	176	F	03/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	West Suffolk	3
1:27.36	169	F	02/12/15	West Suffolk Club Championships 2015	Bury St Edmunds	West Suffolk	4
1:28.16	164		10/01/15	Sudbury January Last Chance Time Trials	Sudbury	West Suffolk	3
1:29.11	159		22/06/14	Suffolk County ASA Development Championships	Newmarket	West Suffolk	3
1:29.92	155	F	23/11/14	West Suffolk Club Championships	Bury St Edmunds	West Suffolk	4
1:31.72	146	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	West Suffolk	3
1:34.51	133		12/01/14	Sudbury & District January Time Trials	Sudbury	West Suffolk	3
1:36.93	123	F	10/03/13	Suffolk County Championships	Ipswich	West Suffolk	2
1:38.65	117	F	06/10/13	West Suffolk SC Novice Gala 2013	Bury St Edmunds	West Suffolk	3

## Swims in Date Order

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