

# Individual Best Times (All Time)

Rosie Holland - (876290) - Poole SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:04.68	437	H	19/02/17	Dorset County Champs & Age Groups	Bournemouth	Poole	2
5:09.98	415	H	02/07/17	Dorset County ASA Development Comp 2017	Littledown	Poole	3
5:13.07	403		28/02/16	Dorset County ASA Integrated Champs & AG	Littledown	S Bournem'th	2
5:16.30	391	F	28/10/17	Poole Season Starter 2017	Dorchester	Poole	3
5:18.12	384		24/10/15	Swim Bournemouth 2015 Level 4 Introductory Meet	Littledown	S Bournem'th	4
5:18.22	384	F	26/11/16	Swim Bournemouth Club Championships	Wimborne	S Bournem'th	4
5:31.22	340		22/02/15	Dorset County ASA 2015 Interated BAGCATs	Littledown	S Bournem'th	2
5:32.76	335	F	21/12/14	Yeovil & District 2014 Christmas Open Meet	Millfield	S Bournem'th	3
5:42.87	307		06/04/14	Swim Bournemouth 4th Annual Open Meet	Bournemouth	S Bournem'th	2
6:19.84	225		17/11/13	Swim Bournemouth 5th Christmas Open Meet	Bournemouth	S Bournem'th	3

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