

# Individual Best Times (All Time)

Alex Griffiths - (876031) - Gateshead & Whickham SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:07.80	261	H	06/12/14	ASANER BG Regional Age Group Champs	Sunderland		2
3:12.89	241	H	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	Gates &Whick	3
3:12.94	241	H	30/11/13	ASA North East Region Senior & Junior Meet	Sunderland	Gates &Whick	2
3:15.77	231		10/11/13	Gateshead & Whickham Distance Meet	Gateshead	Gates &Whick	3
3:16.21	229	H	16/11/13	Borough of Stockton Winter Festival	Billingham	Gates &Whick	3
3:18.56	221	H	12/12/15	Middlesborough Christmas Meet 2015	Middlesborough		3
3:20.65	214	H	10/05/14	Middlesbrough Open Meet 2014	Middlesbrough	Gates &Whick	2
3:25.66	199	F	22/09/13	Richmond Dales Level 3 Meet	Durham	Gates &Whick	3
3:26.21	197	H	20/09/15	Richmond Dales Open Meet	Durham		3
3:29.16	189	H	26/10/13	Chester Le Street Junior Meet 2013	Chester-le-Street	Gates &Whick	3
3:30.19	186	H	27/04/13	Chester Le Street Open Meet	Stanley	Gates &Whick	3
3:35.65	172	H	24/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street		3
3:36.34	171		13/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Gates &Whick	3
4:04.51	118		19/02/12	Durham City Very Last Chance Gala	Durham	Gates &Whick	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:18.56	221	H	12/12/15	Middlesborough Christmas Meet 2015	Middlesborough		3
3:35.65	172	H	24/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street		3
3:26.21	197	H	20/09/15	Richmond Dales Open Meet	Durham		3
3:07.80	261	H	06/12/14	ASANER BG Regional Age Group Champs	Sunderland		2
3:12.89	241	H	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle	Gates &Whick	3
3:20.65	214	H	10/05/14	Middlesbrough Open Meet 2014	Middlesbrough	Gates &Whick	2
3:12.94	241	H	30/11/13	ASA North East Region Senior & Junior Meet	Sunderland	Gates &Whick	2
3:16.21	229	H	16/11/13	Borough of Stockton Winter Festival	Billingham	Gates &Whick	3
3:15.77	231		10/11/13	Gateshead & Whickham Distance Meet	Gateshead	Gates &Whick	3

3:29.16	189	H	26/10/13	Chester Le Street Junior Meet 2013	Chester-le-Street	Gates &Whick	3
3:25.66	199	F	22/09/13	Richmond Dales Level 3 Meet	Durham	Gates &Whick	3
3:30.19	186	H	27/04/13	Chester Le Street Open Meet	Stanley	Gates &Whick	3
3:36.34	171		13/01/13	Gateshead & Whickham Open Graded Meet	Dunston	Gates &Whick	3
4:04.51	118		19/02/12	Durham City Very Last Chance Gala	Durham	Gates &Whick	4