

Individual Best Times (All Time)

Alex Griffiths - (876031) - Gateshead & Whickham SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:39.10	245	H	01/12/13	ASA North East Region Senior & Junior Meet	Sunderland	Gates &Whick	2

Swims in Date Order

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