

Individual Best Times (All Time)

Kieran Howard - (875334) - Radford SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.01	520	H	02/04/23	City of Leicester Age Group Meet 2023	Leicester	Radford	3
31.67	488	H	05/11/23	SE EM Short Course Championships 2023	Nottingham	Radford	2
32.14	467	H	27/03/22	City of Leicester Age Group Meet 2022	Braunstone	Radford	3
32.22	464	H	05/03/23	The Dean Anscombe Open Meet 2023	Alfreton	Radford	3
32.51	452	H	06/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	Radford	2
32.66	445	H	06/03/22	Radford SC The Dean Anscombe Open Meet 2022	Hucknall	Radford	3
33.26	422	H	21/11/21	Major Oak Open Meet	Mansfield	Radford	3
33.87	399	H	01/12/21	Radford SC Christmas Time Trials 2021	Ken Martin LC		4
34.28	385	H	20/07/21	Radford S.C.	Ken Martin	Radford	0
34.40	381	H	08/12/21	Radford SC Christmas Time Trials 2021	Ken Martin LC		4
35.05	360	H	08/03/20	The 2020 Leicester Age Group Meet	Braunstone	Radford	3
37.25	300	H	04/11/20	Radford SC	Ken Martin	Radford	0
38.90	263	H	08/10/19	Radford Annual Club Champs and Time Trials	John Carroll LC	Radford	4
39.08	260	F	10/09/19	Bramcote Combined Diddy and BAGCAT Champs 2019	Bramcote	Bramcote	4
46.35	155	F	25/06/17	Northern Junior Open 2017	Nottingham	Bramcote	3
47.16	148	F	11/09/17	Bramcote Combined Diddy & Bagcat Club Championship	Bramcote	Bramcote	4
47.41	145	H	25/06/17	Northern Junior Open 2017	Nottingham	Bramcote	3
49.17	130	F	10/09/16	Bramcote Combined Diddy & Bagcat Club Champs	Nottingham	Bramcote	4
50.43	121	H	27/08/16	Sheffield City 13th Annual Open Sprints Meet	Sheffield	Bramcote	3
51.31	114	H	10/07/16	The Tony Holmes Sprint Meet	Hucknall	Bramcote	3
51.64	112	H	15/10/16	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
51.74	112	F	10/07/16	The Tony Holmes Sprint Meet	Hucknall	Bramcote	3
52.94	104	H	26/06/16	Northern Junior Open Meet 2016	Nottingham	Bramcote	3
53.40	101	F	26/06/16	Northern Junior Open Meet 2016	Nottingham	Bramcote	3
55.14	92	F	29/11/15	The Bramcote Open 8th Annual Open Meet	Bramcote	Bramcote	3
55.40	91	H	08/04/16	The 2016 Leicester Age Group Meet	Braunstone	Bramcote	3
56.05	86	F	07/07/15	Bramcote Combined Diddy & BAGCAT Champs	Bramcote	Bramcote	4

00.00	00	F	07/07/13	Bramcote Combined Diddy & BAGCAT Champs	Bramcote	Bramcote	
1:00.75	69	F	06/07/14	Bramcote Combined Diddy & BAGCAT	Bramcote	Bramcote	4

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