

Individual Best Times (All Time)

Kieran Howard - (875334) - Radford SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.25	509	H	02/04/23	City of Leicester Age Group Meet 2023	Leicester	Radford	3
2:17.58	505	H	27/03/22	City of Leicester Age Group Meet 2022	Braunstone	Radford	3
2:19.17	488	H	04/12/21	Nottinghamshire ASA Festive Frenzy 2021	Nottingham	Radford	3
2:19.36	486	H	05/10/22	Radford SC Club Championships 2022	Radford		4
2:20.76	472	H	10/11/23	Radford SC Club Championships & Time Trials 2023	Harvey Hadden	Radford	4
2:21.43	465	H	21/11/21	Major Oak Open Meet	Mansfield	Radford	3
2:25.92	424	H	08/03/20	The 2020 Leicester Age Group Meet	Braunstone	Radford	3
2:26.15	422	H	01/12/21	Radford SC Christmas Time Trials 2021	Ken Martin LC		4
2:27.38	411	H	02/11/20	Radford SC	Harvey Haddon	Radford	0
2:27.65	409	H	25/09/21	Radford SC Championships and Time Trial 2021	Hucknall		4
2:39.89	322	H	21/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
2:40.75	317	F	08/09/19	Bramcote Combined Diddy and BAGCAT Champs 2019	Bramcote	Bramcote	4
2:40.95	316	H	14/07/18	Nottinghamshire ASA Summer Gala 2018	Nottingham	Bramcote	3
2:41.00	315	H	22/09/19	Nova Centurion September Sprint Meet 2019	Nottingham	Nova Cent'n	3
2:46.44	285	H	02/12/18	Nottinghamshire ASA Festive Frenzy Gala 2018	Nottingham	Bramcote	3
2:52.34	257	H	23/09/18	Derventio Excel 8th Short Course Open Meet	Matlock	Nova Cent'n	2
2:53.74	251	H	19/11/17	Mansfield Major Oak Open Meet	Mansfield	Bramcote	3
2:58.59	231	H	10/09/17	Bramcote Combined Diddy & Bagcat Club Championship	Bramcote	Bramcote	4
2:59.77	226	H	15/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	Bramcote	3
3:01.37	220	H	30/09/17	Roebuck Level 3 Open meet	Walsall	Nova Cent'n	3
3:05.31	207	H	09/04/17	The 2017 Leicester Age Group Meet	Braunstone	Nova Cent'n	3
3:06.92	201	H	12/03/17	The Ernehale Open Meet	Nottingham	Bramcote	3
3:09.14	194	F	18/09/16	Bramcote Combined Diddy & Bagcat Club Champs	Bramcote	Bramcote	4
3:31.74	138	H	08/04/16	The 2016 Leicester Age Group Meet	Braunstone	Bramcote	3
3:34.78	132	F	29/11/15	The Bramcote Open 8th Annual Open Meet	Bramcote	Bramcote	3
3:51.46	106	H	19/07/15	Chesterfield Summer Splash Level 3 Open Meet	Chesterfield		3

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