

Individual Best Times (All Time)

Kieran Howard - (875334) - Radford SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:18.60	442	H	26/03/22	City of Leicester Age Group Meet 2022	Braunstone	Radford	3
2:18.93	439	H	06/11/21	East Midland Region Short Course Championships 21	Nottingham	Radford	2
2:20.81	422	H	20/11/21	Major Oak Open Meet	Mansfield	Radford	3
2:22.93	403	F	06/11/21	East Midland Region Short Course Championships 21	Nottingham	Radford	2
2:24.81	388	H	02/10/21	Radford SC Championships and Time Trial 2021	Hucknall		4
2:28.76	358	H	07/03/20	The 2020 Leicester Age Group Meet	Braunstone	Radford	3
2:30.36	346	H	12/10/22	Radford SC Club Championships 2022	Radford		4
2:37.85	299	H	01/12/18	Nottinghamshire ASA Festive Frenzy Gala 2018	Nottingham	Bramcote	3
2:37.87	299	H	04/11/20	Radford SC	Ken Martin	Radford	0
2:37.93	299	H	06/11/19	Radford Annual Club Champs and Time Trials	Ken Martin LC	Radford	4
2:42.10	276	H	15/07/18	Nottinghamshire ASA Summer Gala 2018	Nottingham	Bramcote	3
2:42.78	273	F	10/09/19	Bramcote Combined Diddy and BAGCAT Champs 2019	Bramcote	Bramcote	4
2:45.27	261	H	21/10/18	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
2:58.29	207	H	01/10/17	Roebuck Level 3 Open meet	Walsall	Nova Cent'n	3
3:02.81	192	F	11/09/17	Bramcote Combined Diddy & Bagcat Club Championship	Bramcote	Bramcote	4
3:06.58	181	H	16/07/17	Nottinghamshire ASA Summer Gala 2017	Nottingham	Bramcote	3
3:13.93	161	H	12/03/17	The Ernehale Open Meet	Nottingham	Bramcote	3
3:17.86	152	F	17/09/16	Bramcote Combined Diddy & Bagcat Club Champs	Nottingham	Bramcote	4
3:18.49	150	H	19/11/16	Mansfield Major Oak Open Meet	Mansfield	Bramcote	3
3:47.49	100	F	06/07/15	Bramcote Combined Diddy & BAGCAT Champs	Bramcote	Bramcote	4

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