



33.96	369	F	13/07/14	Trafford Metropolitan Borough Club Champs	Sale	Trafford Met	4
34.52	352	H	12/01/14	Greater Manchester Clubs Age Groups	Manchester	Trafford Met	3
34.98	338	H	15/03/14	Cheshire County Championships	Macclesfield	Trafford Met	2
35.20	332	H	24/11/13	Bolton Metro Winter Sprint Meet	Bolton	Trafford Met	3
35.59	321	F	20/11/13	Trafford Metro Borough SC Club Champs	Sale	Trafford Met	4
36.12	307	H	28/09/13	Greater Manchester Autumn Meet 2013	Manchester	Trafford Met	3
37.70	270	F	16/06/13	Retford SC Annual Open Meet	Sheffield	Trafford Met	3
41.20	207	H	06/04/13	Bolton Metro Easter Sprint Meet 2013	Bolton	Trafford Met	3
42.75	185	H	13/01/13	Bolton & Manchester District Age Group	Manchester	Trafford Met	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.04	401	H	21/11/21	BUCS Short Course Swimming	Sheffield		2
30.92	490	H	21/07/18	City of Salford Summer Spectacular 2018	Broughton	Co Salford	3
31.67	456	H	17/06/18	Retford 25th Annual Open Meet	Sheffield	Trafford Met	3
30.80	495	H	17/12/17	Trafford Borough Network Christmas Cracker	Sale	Trafford Met	3
31.32	471	F	26/11/17	Trafford Metro Club Championships Sprint 2017	Sale	Trafford Met	4
30.89	491	H	18/11/17	Wigan BEST Future Stars Open Meet	Wigan	Co Manch Aq	2
30.47	512	H	19/03/17	Greater Manchester Age Group Meet	Wigan	Trafford Met	3
30.35	518	H	17/12/16	Swim Trafford Swim Team 10th Anniversary Meet	Stretford	Trafford Met	3
30.57	507	H	06/11/16	ASA North West Region Winter Championships	Manchester	SwimTrafford	2
29.79	548	F	22/10/16	Manchester International 2016	Manchester	SwimTrafford	2
29.90	542	H	22/10/16	Manchester International 2016	Manchester	SwimTrafford	2
30.70	500	F	03/07/16	Trafford Metro Borough Club Championships Sprint	Sale	Trafford Met	4
30.53	509	F	15/05/16	Trafford Metro 2016 Spring Open Meet	Sale	Trafford Met	3
31.13	480	F	20/12/15	Swim Trafford Christmas Meet	Sale	Trafford Met	4
30.98	487	H	21/11/15	BMSS November Sprint Meet 2015	Bolton	Trafford Met	3
31.71	454	H	26/09/15	Greater Manchester Autumn Meet 2015	Wigan	Trafford Met	3
32.36	427	H	19/09/15	Trafford Borough Early Bird Sprint Meet	Stretford	Trafford Met	3
31.93	445	F	05/07/15	Trafford Metro 2015 Club Championships	Sale	Trafford Met	4
31.57	460	F	21/06/15	22nd Annual Open Meet	Sheffield		3
32.27	431	F	26/04/15	Trafford Metro 2015 Point Score Club Champs	Sale	Trafford Met	4
31.81	450	H	18/04/15	Knowsley Spring Level 2 Gala	Huyton		2
32.07	439	H	05/04/15	Kingston upon Hull A B Meet	Hull		3
32.62	417	H	11/01/15	Greater Manchester Age Group Meet 2015	Wigan	Trafford Met	3
33.19	396	H	20/12/14	Trafford Borough Christmas Sprint Meet	Stretford	Trafford Met	3
32.98	403	H	29/11/14	Bolton Metro Winter Sprint Meet	Bolton	Trafford Met	3
33.96	369	F	13/07/14	Trafford Metropolitan Borough Club Champs	Sale	Trafford Met	4
33.89	372	F	22/06/14	Retford 21st Annual Open Meet	Sheffield		3
34.98	338	H	15/03/14	Cheshire County Championships	Macclesfield	Trafford Met	2
34.52	352	H	12/01/14	Greater Manchester Clubs Age Groups	Manchester	Trafford Met	3
35.20	332	H	24/11/13	Bolton Metro Winter Sprint Meet	Bolton	Trafford Met	3
35.59	321	F	20/11/13	Trafford Metro Borough SC Club Champs	Sale	Trafford Met	4
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37.70	270	F	16/06/13	Retford SC Annual Open Meet	Sheffield	Trafford Met	3
41.20	207	H	06/04/13	Bolton Metro Easter Sprint Meet 2013	Bolton	Trafford Met	3
42.75	185	H	13/01/13	Bolton & Manchester District Age Group	Manchester	Trafford Met	3