Individual Best Times (All Time)

Lara-Louise Gough - (873962) - Maidstone SC - 200 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:53.36	322	Н	05/12/17	Maidstone Swimming Club Championships 2017	Maidstone	Maidstone SC	4
2:56.57	305	Н	04/10/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
3:04.69	267	Н	06/10/15	Maidstone Club Championships	Maidstone		4
3:08.44	251	Н	25/10/14	Basildon & Phoenix Autumn Meet	Basildon		3
3:13.81	231	Н	14/10/14	Maidstone SC Club Championships 2014	Maidstone		4

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