

# Individual Best Times (All Time)

Lauren Asekome - (873935) - Maidstone SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:23.32	419	H	15/09/15	Maidstone Club Championships	Maidstone		4
1:23.41	417	H	19/09/15	Medway ASA Championships 2015	Gillingham		4
1:23.61	414	F	03/10/15	Maidstone Club Championships	Maidstone		4
1:24.26	405	F	19/09/15	Medway ASA Championships 2015	Gillingham		4
1:24.78	397	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
1:24.85	396	H	13/09/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
1:25.68	385	H	06/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
1:25.96	381	H	09/05/15	Medway ASA Championships 2015	Gillingham		4
1:26.22	378	H	09/04/16	Medway ASA Championships 2016	Gillingham	Maidstone SC	4
1:26.68	372	F	04/10/14	Medway ASA Championships 2014	Gillingham		4
1:27.15	366	H	21/02/15	2015 Kent County Swimming Championships	Gillingham	Maidstone SC	2
1:27.44	362	F	18/02/17	Medway ASA Championships 2017	Gillingham	Maidstone SC	4
1:27.54	361	F	18/10/14	Maidstone Club Championships	Maidstone		4
1:27.82	358	F	01/10/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
1:27.86	357	H	30/11/14	Maidstone Level Three Open Meet 2014	Maidstone		3
1:27.95	356	H	18/02/17	Medway ASA Championships 2017	Gillingham	Maidstone SC	4
1:28.27	352	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
1:28.45	350	F	23/09/17	Maidstone Swimming Club Championships 2017	Maidstone	Maidstone SC	4
1:28.79	346	F	08/11/14	NASLS2014 Round 2	Maidstone	Maidstone SC	3
1:28.80	346	H	12/09/17	Maidstone Swimming Club Championships 2017	Maidstone	Maidstone SC	4
1:28.85	345	H	16/11/13	Kent Junior League Division 2 Final	Dover	Maidstone SC	3
1:28.92	344	H	04/10/14	Medway ASA Championships 2014	Gillingham		4
1:29.00	343	H	17/05/14	Kent Junior League Division 1, Round 1	Margate	Maidstone SC	3
1:29.05	343		03/04/16	19 eme Meeting International De La Vallee De LAa	Lumbres	Maidstone SC	2
1:29.42	339	F	13/12/14	NASL Round 3	Maidstone	Maidstone SC	3
1:29.54	337	F	09/04/16	Medway ASA Championships 2016	Gillingham	Maidstone SC	4
1:29.88	332	H	02/05/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	Maidstone SC	3

1:30.00	332	H	03/03/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	Maidstone SC	3
1:30.02	332	H	01/03/14	BG Kent ASA Swimming Championships	Gillingham	Maidstone SC	2
1:30.65	325	F	19/10/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4
1:30.66	325	F	11/10/14	National Swimming Arena South 2014 R 1	Crawley	Maidstone SC	3
1:30.77	324	H	06/05/17	Medway ASA Championships 2017	Gillingham	Maidstone SC	4
1:30.88	323	H	26/04/14	Medway ASA Championships 2014	Gillingham	Maidstone SC	4
1:31.13	320		08/04/17	20eme Meeting International De La Vallee De l'Aa	Lumbres	Maidstone SC	2
1:31.71	314	H	19/09/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4
1:32.57	305	H	18/09/14	Maidstone Club Championships	Maidstone	Maidstone SC	4
1:33.48	296	H	05/01/14	Bexley Short Course Open Meet	Bexleyheath	Maidstone SC	3
1:34.35	288		06/10/12	Maidstone SC Club Championships	Maidstone	Maidstone SC	4
1:35.46	278	H	06/01/13	Bexley SC Short Course Open Meet	Bexleyheath	Maidstone SC	3
1:35.74	276		20/09/12	Maidstone SC Club Championships	Maidstone	Maidstone SC	4
1:39.05	249	H	02/12/12	Gravesend & Northfleet Autumn Open	Gravesend	Maidstone SC	3

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