

Individual Best Times (All Time)

Lauren Asekome - (873935) - Maidstone SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.51	495	F	20/02/16	Medway ASA Championships 2016	Gillingham	Maidstone SC	4
1:03.60	493	H	20/02/16	Medway ASA Championships 2016	Gillingham	Maidstone SC	4
1:03.75	489	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
1:03.99	484	H	06/09/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
1:04.02	483	F	17/10/15	Medway Championships 2015	Gillingham		4
1:04.09	481	H	17/10/15	Medway Championships 2015	Gillingham		4
1:04.21	479	H	29/11/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
1:04.31	477	H	06/12/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
1:04.56	471	H	26/11/17	Maidstone Level Three Licensed Open Meet 2017	Maidstone	Maidstone SC	3
1:04.80	466	H	17/10/15	Medway Championships 2015	Gillingham		4
1:04.80	466	H	20/11/16	Maidstone L3 Licensed Open Meet 2016	Maidstone	Maidstone SC	3
1:04.99	462	F	03/10/15	Maidstone Club Championships	Maidstone		4
1:05.08	460	H	08/09/15	Maidstone Club Championships	Maidstone		4
1:05.08	460	F	01/10/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
1:05.24	456	H	06/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
1:05.42	453	H	24/09/16	BPSC Season Opener	Basildon	Maidstone SC	2
1:05.45	452	F	23/09/17	Maidstone Swimming Club Championships 2017	Maidstone	Maidstone SC	4
1:05.74	446	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Maidstone SC	3
1:05.96	442	H	03/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
1:06.02	440	H	08/12/17	Maidstone Club Championships 2017	Maidstone	Maidstone SC	4
1:06.53	430	F	12/04/14	Medway ASA Championships 2014	Gillingham	Maidstone SC	4
1:06.59	429	H	05/09/17	Maidstone Swimming Club Championships 2017	Maidstone	Maidstone SC	4
1:06.64	428	H	01/04/17	Medway ASA Championships 2017	Maidstone	Maidstone SC	4
1:06.69	427	H	04/01/18	Maidstone Swimming Club Championships	Maidstone	Maidstone SC	4
1:06.82	425	H	07/03/15	2015 Kent County Swimming Championships	Gillingham		2
1:07.05	420	F	01/04/17	Medway ASA Championships 2017	Maidstone	Maidstone SC	4
1:07.05	417	H	04/05/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	Maidstone SC	3

1:07.23	417	H	04/03/14	Black Lion SC L3 Spring Open meet 2014	Gillingham	Maidstone SC	3
1:07.38	414		03/04/16	19 eme Meeting International De La Vallee De LAa	Lumbres	Maidstone SC	2
1:08.03	403	H	04/10/14	Medway ASA Championships 2014	Gillingham		4
1:08.30	398	H	02/03/14	BG Kent ASA Swimming Championships	Gillingham	Maidstone SC	2
1:08.33	397	F	19/10/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4
1:08.36	397	F	21/09/13	The 2013 Medway Championships	Gillingham	Maidstone SC	4
1:08.80	389	F	18/10/14	Maidstone Club Championships	Maidstone		4
1:08.85	388	H	12/04/14	Medway ASA Championships 2014	Gillingham	Maidstone SC	4
1:08.86	388		08/04/17	20eme Meeting International De La Vallee De l'Aa	Lumbres	Maidstone SC	2
1:09.19	383	H	07/12/14	Gravesend & Northfleet Open Meet 2014	Gillingham		3
1:09.40	379	H	21/04/18	M21eme meeting international	Lumbres	Maidstone SC	3
1:09.65	375	H	11/09/14	Maidstone Club Championships	Maidstone		4
1:10.02	369	H	04/01/14	Bexley Short Course Open Meet	Bexleyheath	Maidstone SC	3
1:10.53	361	H	30/11/14	Maidstone Level Three Open Meet 2014	Maidstone		3
1:10.61	360	H	21/09/13	The 2013 Medway Championships	Gillingham	Maidstone SC	4
1:11.05	353	H	12/09/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4
1:13.82	315		06/10/12	Maidstone SC Club Championships	Maidstone	Maidstone SC	4
1:14.26	309	H	02/12/12	Gravesend & Northfleet Autumn Open	Gravesend	Maidstone SC	3
1:14.40	308		13/09/12	Maidstone SC Club Championships	Maidstone	Maidstone SC	4
1:15.52	294	H	05/01/13	Bexley SC Short Course Open Meet	Bexleyheath	Maidstone SC	3

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