

Individual Best Times (All Time)

Lauren Asekome - (873935) - Maidstone SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.37	455	H	08/12/15	Maidstone Club Championships	Maidstone		4
2:39.92	442	H	06/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
2:40.53	437	H	20/02/16	Medway ASA Championships 2016	Gillingham	Maidstone SC	4
2:41.46	429	H	20/09/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
2:42.15	424	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Maidstone SC	3
2:43.63	413	H	22/09/15	Maidstone Club Championships	Maidstone		4
2:43.88	411	H	01/03/15	2015 Kent County Swimming Championships	Gillingham		2
2:44.05	409	F	20/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham	Maidstone SC	3
2:45.61	398	H	19/09/17	Maidstone Club Championships 2017	Maidstone	Maidstone SC	4
2:45.74	397	H	03/05/14	Black Lion SC L3 Spring Open Meet 2014	Gillingham	Maidstone SC	3
2:48.16	380	H	01/03/14	BG Kent ASA Swimming Championships	Gillingham	Maidstone SC	2
2:50.64	364	H	04/01/14	Bexley Short Course Open Meet	Bexleyheath	Maidstone SC	3
2:50.92	362	H	01/10/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4
2:51.63	357	H	30/09/14	Maidstone Club Championships	Maidstone		4
2:53.38	347	H	29/09/13	Orpington Ojays Season Starter	Gillingham	Maidstone SC	3
2:56.01	331	H	09/03/13	Kent County Championships	Gillingham	Maidstone SC	2
2:56.51	329		15/01/13	Maidstone SC Time Trials	Maidstone	Maidstone SC	4

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