

Individual Best Times (All Time)

Lauren Asekome - (873935) - Maidstone SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.75	383	H	01/12/15	Maidstone Club Championships	Maidstone		4
34.89	379	H	04/10/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
35.05	373	H	29/11/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
35.10	372	H	06/12/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
35.16	370	H	03/10/17	Maidstone Swimming Club Championships 2017	Maidstone	Maidstone SC	4
35.45	361	F	20/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham	Maidstone SC	3
35.62	356	H	06/10/15	Maidstone Club Championships	Maidstone		4
35.62	356	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
35.72	353	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham	Maidstone SC	3
35.74	352	H	06/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
35.79	351	H	13/11/16	Medway ASA Championships 2016	Gillingham	Maidstone SC	4
35.92	347	H	20/11/16	Maidstone L3 Licensed Open Meet 2016	Maidstone	Maidstone SC	3
35.93	347	H	02/10/18	Maidstone Swimming Club Championships 2018	Maidstone	Maidstone SC	4
36.25	337	F	18/10/15	Bromley Autumn Gold Open Meet 2015	Beckenham	Maidstone SC	3
36.32	336	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Maidstone SC	3
36.40	333	H	08/03/14	BG Kent ASA Swimming Championships	Gillingham	Maidstone SC	2
36.48	331	H	01/03/15	2015 Kent County Swimming Championships	Gillingham		2
36.63	327	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
37.09	315	H	14/10/14	Maidstone SC Club Championships 2014	Maidstone		4
37.09	315	H	30/11/14	Maidstone Level Three Open Meet 2014	Maidstone		3
37.52	304	H	07/12/14	Gravesend & Northfleet Open Meet 2014	Gillingham		3
37.64	301	H	05/01/14	Bexley Short Course Open Meet	Bexleyheath	Maidstone SC	3
37.69	300	H	16/11/14	Medway ASA Championships 2014	Gillingham		4
37.86	296	H	15/10/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4
38.46	282	H	16/03/13	Kent County Championships	Gillingham	Maidstone SC	2
38.57	280	H	24/11/13	Maidstone L3 Open Meet	Maidstone	Maidstone SC	3
38.77	276	H	20/09/13	Orminster Civic Centre Short Course	Gillingham	Maidstone SC	2

39.77	270	H	29/09/13	Orpington Ojays Season Starter	Gillingham	Maidstone SC	3
39.28	265	H	06/01/13	Bexley SC Short Course Open Meet	Bexleyheath	Maidstone SC	3
39.77	255		16/10/12	Maidstone SC Club Championships	Maidstone	Maidstone SC	4
40.50	242	H	02/12/12	Gravesend & Northfleet Autumn Open	Gravesend	Maidstone SC	3
41.21	230	H	07/10/12	White Oak SC Level 3 Open Meet	Crook Log	Maidstone SC	3
41.37	227		25/11/12	Maidstone Level 3 Open Meet	Maidstone	Maidstone SC	3
41.63	223		21/10/12	Romford Town SC 6th SC Open Meet	Romford	Maidstone SC	3
42.01	217	H	15/04/12	Orpington Ojays Open Age Group Meet	Gillingham	Maidstone SC	2
42.60	208	H	21/04/12	Black Lion SC Level 3 Spring Open Meet	Gillingham	Maidstone SC	3

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