

Individual Best Times (All Time)

Lauren Asekome - (873935) - Maidstone SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.03	492		03/04/16	19 eme Meeting International De La Vallee De LAa	Lumbres	Maidstone SC	2
29.07	490	F	18/12/16	Bromley Christmas Gold Open Meet 2016	Bromley	Maidstone SC	3
29.26	481	H	27/09/16	Maidstone Club Championships 2016	Maidstone	Maidstone SC	4
29.34	477	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
29.34	477	H	26/09/17	Maidstone Swimming Club Championships 2017	Maidstone	Maidstone SC	4
29.35	476	H	20/11/16	Maidstone L3 Licensed Open Meet 2016	Maidstone	Maidstone SC	3
29.40	474	H	05/11/16	ASA South East Region Winter Championships 2016	Portsmouth	Maidstone SC	2
29.51	469	H	24/09/16	BPSC Season Opener	Basildon	Maidstone SC	2
29.53	468	H	29/09/15	Maidstone Club Championships	Maidstone		4
29.61	464	H	13/11/16	Medway ASA Championships 2016	Gillingham	Maidstone SC	4
29.81	455	F	18/10/15	Bromley Autumn Gold Open Meet 2015	Beckenham	Maidstone SC	3
29.83	454	H	02/12/18	Maidstone Level Three Licensed Open Meet 2018	Maidstone	Maidstone SC	3
29.93	449	H	26/11/17	Maidstone Level Three Licensed Open Meet 2017	Maidstone	Maidstone SC	3
30.15	439		08/04/17	20eme Meeting International De La Vallee De l'Aa	Lumbres	Maidstone SC	2
30.16	439	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham	Maidstone SC	3
30.19	438	H	03/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
30.31	432	H	22/02/15	2015 Kent County Swimming Championships	Gillingham	Maidstone SC	2
30.31	432	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Maidstone SC	3
30.35	431	H	19/11/17	Medway ASA Championships 2017	Gillingham	Maidstone SC	4
30.68	417	H	25/09/18	Maidstone Swimming Club Championships 2018	Maidstone	Maidstone SC	4
30.81	412	H	07/10/14	Maidstone Club Championships	Maidstone		4
30.82	411	H	30/11/14	Maidstone Level Three Open Meet 2014	Maidstone		3
30.89	409	H	16/11/14	Medway ASA Championships 2014	Gillingham		4
30.91	408	H	21/04/18	M21eme meeting international	Lumbres	Maidstone SC	3
30.95	406	H	06/12/14	Gravesend & Northfleet Open Meet 2014	Gillingham		3
31.24	395	H	29/09/13	Orpington Ojays Season Starter	Gillingham	Maidstone SC	3
31.40	388	H	09/10/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4

31.40	389	H	08/10/13	Maidstone Club Championships 2013	Maidstone	Maidstone SC	4
31.50	385	H	24/11/13	Maidstone L3 Open Meet	Maidstone	Maidstone SC	3
31.56	383	H	01/03/14	BG Kent ASA Swimming Championships	Gillingham	Maidstone SC	2
31.63	380	H	09/03/13	Kent County Championships	Gillingham	Maidstone SC	2
31.69	378	H	04/01/14	Bexley Short Course Open Meet	Bexleyheath	Maidstone SC	3
33.06	333	H	05/01/13	Bexley SC Short Course Open Meet	Bexleyheath	Maidstone SC	3
33.20	329		25/11/12	Maidstone Level 3 Open Meet	Maidstone	Maidstone SC	3
33.60	317		09/10/12	Maidstone SC Club Championships	Maidstone	Maidstone SC	4
33.64	316		20/10/12	Romford Town SC 6th SC Open Meet	Romford	Maidstone SC	3
34.26	299	H	01/12/12	Gravesend & Northfleet Autumn Open	Gravesend	Maidstone SC	3
34.28	299	H	07/10/12	White Oak SC Level 3 Open Meet	Crook Log	Maidstone SC	3
34.68	289	H	11/11/12	Medway ASA 50m 200m Gala	Gillingham	Maidstone SC	3
35.97	259	H	22/04/12	Black Lion SC Level 3 Spring Open Meet	Gillingham	Maidstone SC	3
36.40	249	H	10/03/12	Kent County Championships	Gillingham	Maidstone SC	2
36.49	248	H	15/04/12	Orpington Ojays Open Age Group Meet	Gillingham	Maidstone SC	2
41.55	168		27/11/11	Maidstone SC Level 3 Licensed Open Meet	Maidstone	Maidstone SC	3

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