

# Individual Best Times (All Time)

Emily Pryke - (873490) - Arun Tridents SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                  | Venue        | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------------|--------------|-----------------|-------|
| 5:18.34 | 383    | F     | 03/07/16 | Littlehampton Club Championships      | Bognor Regis | Arun Trident    | 4     |
| 5:24.53 | 362    | F     | 03/12/17 | Littlehampton Club Championships 2017 | Bognor Regis | Arun Trident    | 4     |
| 5:44.73 | 302    | F     | 30/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | Arun Trident    | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                  | Venue        | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------------|--------------|-----------------|-------|
| 5:24.53 | 362    | F     | 03/12/17 | Littlehampton Club Championships 2017 | Bognor Regis | Arun Trident    | 4     |
| 5:18.34 | 383    | F     | 03/07/16 | Littlehampton Club Championships      | Bognor Regis | Arun Trident    | 4     |
| 5:44.73 | 302    | F     | 30/11/14 | Littlehampton Club Championships 2014 | Bognor Regis | Arun Trident    | 4     |