

Individual Best Times (All Time)

Emily Pryke - (873490) - Arun Tridents SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:49.87	405	F	05/07/16	Littlehampton Club Championships	Littlehampton	Arun Trident	4
5:53.38	393	F	15/10/16	Sussex County ASA Winter Short Competition 2016	Crawley	Arun Trident	2
6:10.98	340	F	17/07/15	Littlehampton Club Championships 2015	Littlehampton	Arun Trident	4
6:25.70	302	F	02/12/14	Littlehampton Club Championships 2014	Littlehampton	Arun Trident	4

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