

Individual Best Times (All Time)

Ellen Armstrong - (872894) - Harrogate District SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:49.57	406	H	26/04/14	Harrogate Spa Town Graded Meet	Harrogate	Harrogate	3
5:59.80	372	H	20/09/14	Harrogate District Club Championships	Harrogate		4
6:03.63	361	H	27/07/13	City of Bradford SC End of Season Meet	ShIPLEY	Harrogate	3
6:11.63	338	H	28/10/12	Harrogate Autumn Open Meet	Harrogate	Harrogate	3
6:12.12	336	H	16/09/13	Harrogate District Club Championships	Harrogate	Harrogate	4
6:16.84	324	H	24/09/12	Harrogate Club Championships	Harrogate	Harrogate	4

Swims in Date Order

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