Individual Best Times (All Time)

Ellen Armstrong - (872894) - Harrogate District SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

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Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.97	388	Н	25/04/15	Harrogate District Spa Town Meet	Harrogate		3
2:48.17	380	Н	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	Harrogate	3
2:49.25	373	Н	23/06/13	Harrogate District SC Summer A Grade Meet	Harrogate	Harrogate	3
2:51.04	361	Н	11/01/14	Harrogate SC Janus Meet	Harrogate	Harrogate	3
2:51.15	360	Н	28/07/13	City of Bradford SC End of Season Meet	Shipley	Harrogate	3
2:54.42	341	Н	20/04/13	Harrogate SC Spa Town A B Grade Open	Harrogate	Harrogate	3
2:54.77	338	Н	22/04/12	Harrogate District Spa Town A B Grade Meet	Harrogate	Harrogate	3
2:55.37	335	Н	27/10/12	Harrogate Autumn Open Meet	Harrogate	Harrogate	3
2:56.24	330	Н	14/07/12	Newburn ASC 6th Summer Meet	Stanley	Harrogate	3
2:56.61	328	Н	13/01/13	Harrogate Janus A B Grade Meet	Harrogate	Harrogate	3
2:58.36	318	Н	18/11/12	City of Hereford SC Open Meet	Hereford	Harrogate	3
3:06.86	277	Н	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Harrogate	3
3:12.47	253	Н	31/10/11	Harrogate Club Championships	Harrogate	Harrogate	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.97	388	Н	25/04/15	Harrogate District Spa Town Meet	Harrogate		3
2:48.17	380	Н	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	Harrogate	3
2:51.04	361	Н	11/01/14	Harrogate SC Janus Meet	Harrogate	Harrogate	3
2:51.15	360	Н	28/07/13	City of Bradford SC End of Season Meet	Shipley	Harrogate	3
2:49.25	373	Н	23/06/13	Harrogate District SC Summer A Grade Meet	Harrogate	Harrogate	3
2:54.42	341	Н	20/04/13	Harrogate SC Spa Town A B Grade Open	Harrogate	Harrogate	3
2:56.61	328	Н	13/01/13	Harrogate Janus A B Grade Meet	Harrogate	Harrogate	3
2:58.36	318	Н	18/11/12	City of Hereford SC Open Meet	Hereford	Harrogate	3
2:55.37	335	Н	27/10/12	Harrogate Autumn Open Meet	Harrogate	Harrogate	3
2:56.24 oyright 2024	330 4	Н	14/07/12	Newburn ASC 6th Summer Meet	Stanley	Harrogate Powered By SPORT	3 SYSTEM

2:54.77	338	Н	22/04/12	Harrogate District Spa Town A B Grade Meet	Harrogate	Harrogate	3
3:06.86	277	Н	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Harrogate	3
3:12.47	253	Н	31/10/11	Harrogate Club Championships	Harrogate	Harrogate	4

Page 2 / 2