Individual Best Times (All Time)

Ellen Armstrong - (872894) - Harrogate District SC - 100 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.74	412	Н	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	Harrogate	3
1:15.51	384	Н	27/04/14	Harrogate Spa Town Graded Meet	Harrogate	Harrogate	3
1:16.70	366	Н	04/01/15	Harrogate District Janus Meet	Harrogate		3
1:18.26	345	Н	07/12/13	Preston Christmas Countdown 2013	Blackburn	Harrogate	3
1:20.56	316	Н	27/07/13	City of Bradford SC End of Season Meet	Shipley	Harrogate	3
1:21.13	309	Н	17/06/12	Harrogate District SC Summer A Grade Meet	Harrogate	Harrogate	3
1:21.13	309	Н	17/11/12	City of Hereford SC Open Meet	Hereford	Harrogate	3
1:22.76	291	Н	22/04/12	Harrogate District Spa Town A B Grade Meet	Harrogate	Harrogate	3
1:24.24	276	Н	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Harrogate	3
1:26.77	253	Н	19/11/11	City of Hereford Open Meet	Hereford	Harrogate	3
1:33.83	200	Н	19/06/11	Harrogate District B Grade Meet	Harrogate	Harrogate	3
1:41.24	159	Н	10/04/11	Harrogate District A B Grade Meet	Harrogate	Harrogate	3

Swims in Date Order

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1:16.70	366	Н	04/01/15	Harrogate District Janus Meet	Harrogate		3
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1:24.24	276	Н	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Harrogate	3
1:26.77	253	Н	19/11/11	City of Hereford Open Meet	Hereford	Harrogate	3
1:33.83 opyright 2024	200 4	Н	19/06/11	Harrogate District B Grade Meet	Harrogate	Harrogate Powered By SPORT	3 SYSTEM

Harrogate

1:41.24 159 H 10/04/11 Harrogate District A B Grade Meet

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Harrogate

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