Individual Best Times (All Time)

Ellen Armstrong - (872894) - Harrogate District SC - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.81	381	Н	26/04/15	Harrogate District Spa Town Meet	Harrogate		3
35.06	373	Н	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	Harrogate	3
35.25	367	Н	04/01/15	Harrogate District Janus Meet	Harrogate		3
35.65	355	Н	12/01/14	Harrogate SC Janus Meet	Harrogate	Harrogate	3
35.75	352	Н	17/06/14	Harrogate Club Championships	Harrogate	Harrogate	4
35.85	349	Н	23/06/13	Harrogate District SC Summer A Grade Meet	Harrogate	Harrogate	3
35.90	347	Н	16/04/12	Harrogate Club Championships	Harrogate	Harrogate	4
36.37	334	Н	28/07/13	City of Bradford SC End of Season Meet	Shipley	Harrogate	3
36.83	322	Н	14/07/12	Newburn ASC 6th Summer Meet	Stanley	Harrogate	3
37.59	303	Н	13/05/13	Harrogate District SC Club Championships	Harrogate	Harrogate	4
39.11	269	Н	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Harrogate	3
42.11	215	Н	20/11/11	City of Hereford Open Meet	Hereford	Harrogate	3
42.81	205	Н	09/10/11	Darlington Dander October Meet	Darlington	Harrogate	4
45.77	167	Н	10/04/11	Harrogate District A B Grade Meet	Harrogate	Harrogate	3

Swims in Date Order

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34.81	381	Н	26/04/15	Harrogate District Spa Town Meet	Harrogate		3
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35.06	373	Н	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	Harrogate	3
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36.83 Copyright 202	322 4	Н	14/07/12	Newburn ASC 6th Summer Meet	Stanley	Harrogate Powered By SPORT	3 SYSTEMS

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