

Individual Best Times (All Time)

Christian Rook - (871772) - Louth Dolphins SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.65	247	H	03/06/18	Louth Annual Sportsman's Week Gala 2018	Louth	Louth	4
35.19	236	H	17/06/18	LVSC Grantham Level 3	Grantham	Louth	3
36.76	207	H	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	Louth	3
37.82	190	H	07/02/16	Lincolnshire County Championships 2016	Louth	Louth	2
38.48	180	H	18/06/17	Louth Annual Sportsman's Week Gala 2017	Louth	Louth	4
38.67	177	F	07/02/16	Lincolnshire County Championships 2016	Louth	Louth	2
39.88	162	H	26/11/16	Louth MeridianMeet	Louth	Louth	3
40.42	155	H	02/04/16	Kingston upon Hull Easter Short Course Meet	Hull	Louth	3
40.46	155	H	17/07/16	Louth Annual Sportsman's Week Gala 2016	Louth	Louth	4
41.39	145		30/10/16	South Axholme Sharks Halloween Meet	Beverley	Louth	3
42.44	134	H	21/06/15	Louth Dolphins Sportsman's Week 2015	Louth		4
43.68	123		31/05/15	Doncaster Dartes B Grade Meet 2015	Adwick	Louth	3
45.36	110	H	04/04/15	Kingston upon Hull A B Meet	Hull		3

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