

Individual Best Times (All Time)

Isabella Woollard - (871531) - University of Nottingham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:25.96	657	F	16/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
4:30.79	623	F	16/05/21	Millfield	Millfield		0
4:31.16	620	H	04/11/23	SE EM Short Course Championships 2023	Nottingham	Uni of Nott	2
4:31.96	615	F	06/11/22	SWR Short Course Winter	Millfield		2
4:33.31	606	F	17/10/21	Team Bath AS TYR Super Series	Millfield		2
4:36.46	585	F	07/11/21	SE South West Region SC Winter Championships	Millfield School		2
4:36.77	583		03/11/19	South West Region Winter SC Championships	Millfield	Millfield	2
4:36.77	583	H	03/11/19	South West Region Winter SC Championships	Millfield	Millfield	2
4:39.76	565	F	17/11/19	Super Series Autumn Level 2 Short Course Meet	Hengrove	Millfield	2
4:58.22	466	F	30/10/16	Millfield & Taunton Super Series	Millfield	Millfield	2
5:12.97	403	H	10/04/16	Cambridge April Open 2016	Cambridge	Hillingdon	3
5:28.37	349	F	30/01/16	MCASA County Championships 2016	Barnet	Hillingdon	2
5:30.04	344	F	21/11/15	Watford November County Qualifier Open Meet	Watford	Hillingdon	3
5:32.51	336	H	29/11/15	COSC L3 Open Meet	Oxford		3
5:34.31	331	F	14/06/15	Hillingdon RNSS House Club Champs	Northwood	Hillingdon	4
5:58.15	269	F	19/01/15	Middlesex County Championships 2015	Hendon	Hillingdon	2
6:38.63	195	F	18/06/14	Hillingdon SC RNSS Club Championships 2014	Hillingdon	Hillingdon	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:31.16	620	H	04/11/23	SE EM Short Course Championships 2023	Nottingham	Uni of Nott	2
4:31.96	615	F	06/11/22	SWR Short Course Winter	Millfield		2
4:25.96	657	F	16/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
4:36.46	585	F	07/11/21	SE South West Region SC Winter Championships	Millfield School		2
4:33.31	606	F	17/10/21	Team Bath AS TYR Super Series	Millfield		2
4:30.79	623	F	16/05/21	Millfield	Millfield		0

4:39.76	565	F	17/11/19	Super Series Autumn Level 2 Short Course Meet	Hengrove	Millfield	2
4:36.77	583	H	03/11/19	South West Region Winter SC Championships	Millfield	Millfield	2
4:36.77	583		03/11/19	South West Region Winter SC Championships	Millfield	Millfield	2
4:58.22	466	F	30/10/16	Millfield & Taunton Super Series	Millfield	Millfield	2
5:12.97	403	H	10/04/16	Cambridge April Open 2016	Cambridge	Hillingdon	3
5:28.37	349	F	30/01/16	MCASA County Championships 2016	Barnet	Hillingdon	2
5:32.51	336	H	29/11/15	COSC L3 Open Meet	Oxford		3
5:30.04	344	F	21/11/15	Watford November County Qualifier Open Meet	Watford	Hillingdon	3
5:34.31	331	F	14/06/15	Hillingdon RNSS House Club Champs	Northwood	Hillingdon	4
5:58.15	269	F	19/01/15	Middlesex County Championships 2015	Hendon	Hillingdon	2
6:38.63	195	F	18/06/14	Hillingdon SC RNSS Club Championships 2014	Hillingdon	Hillingdon	4