

Individual Best Times (All Time)

Lucas Salman - (869445) - Woking SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:01.25	291	F	08/07/18	Woking Club Championships 2018	Woking	Woking	4
3:10.69	250	F	17/10/17	Woking Club Championships	Woking	Woking	4
3:15.70	231	F	04/03/17	Surrey Age Group Championships	Guildford	Woking	2
3:16.87	227	F	20/10/15	Woking Club Championships 2015	Woking	Woking	4
3:18.07	223	F	18/10/16	Woking Club Championships	Woking	Woking	4
3:24.23	203	F	15/02/15	Surrey Age Group Championships	Guildford	Woking	2
3:27.23	194	F	09/11/14	Woking Club Championships	Woking	Woking	4
3:29.29	189	H	07/12/14	Windsor Level 3 Open Meet	Maidenhead		3
3:31.48	183	F	22/03/14	BG Surrey County Championships	Guildford	Woking	2
3:35.58	173	F	01/12/13	Haslemere Christmas Open Meet	Haslemere	Woking	3
3:50.10	142	F	10/11/13	Woking SC Club Championships	Woking	Woking	4
4:00.76	124	F	17/03/13	Surrey County Championships	Guildford	Woking	2
4:02.31	121	F	11/11/12	Woking SC Club Championships	Woking	Woking	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:01.25	291	F	08/07/18	Woking Club Championships 2018	Woking	Woking	4
3:10.69	250	F	17/10/17	Woking Club Championships	Woking	Woking	4
3:15.70	231	F	04/03/17	Surrey Age Group Championships	Guildford	Woking	2
3:18.07	223	F	18/10/16	Woking Club Championships	Woking	Woking	4
3:16.87	227	F	20/10/15	Woking Club Championships 2015	Woking	Woking	4
3:24.23	203	F	15/02/15	Surrey Age Group Championships	Guildford	Woking	2
3:29.29	189	H	07/12/14	Windsor Level 3 Open Meet	Maidenhead		3
3:27.23	194	F	09/11/14	Woking Club Championships	Woking	Woking	4
3:31.48	183	F	22/03/14	BG Surrey County Championships	Guildford	Woking	2
3:35.58	173	F	01/12/13	Haslemere Christmas Open Meet	Haslemere	Woking	3

3:50.10	142	F	10/11/13	Woking SC Club Championships	Woking	Woking	4
4:00.76	124	F	17/03/13	Surrey County Championships	Guildford	Woking	2
4:02.31	121	F	11/11/12	Woking SC Club Championships	Woking	Woking	4