

# Individual Best Times (All Time)

Benjamin Foulston - (866536) - Bramcote Swimming Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.80	425	H	09/12/17	National Para-Swimming Champs 2017	Manchester	Nova Cent'n	2
26.91	420	H	24/10/15	Nova Centurion October Short Course Open Meet	Nottingham		2
27.03	414	F	05/07/15	Bramcote Combined Diddy & BAGCAT Champs	Bramcote	Bramcote	4
27.15	409	H	15/10/16	Nova Centurion October L2 SC Open Meet	Nottingham	Nova Cent'n	2
27.21	406	H	10/11/18	BUCS Short Course Swimming Championships 2018	Sheffield	Loughborough	2
27.81	380	H	07/12/14	Midland Short Course Championships	Rugby		2
27.83	380	H	14/03/15	Nottinghamshire County Championships	Nottingham		2
28.20	365	H	22/11/14	BG Para-Swimming Championships	Manchester	E M Region	2
28.79	343	F	06/07/14	Bramcote Combined Diddy & BAGCAT	Bramcote	Bramcote	4
28.90	339	H	27/09/14	ASA West Midlands Regional Disability Championship	Rugby		3
29.50	319	H	02/03/14	DSE National Junior & Youth Championships	Sheffield	Bramcote	2
29.81	309	H	16/03/14	Nottinghamshire County Championships	Nottingham	Bramcote	2
29.86	307	H	28/06/14	ASA East Midland Regional Disability Meet	Nottingham		3
29.99	303	H	08/12/13	Midland Short Course 2013	Stafford	Bramcote	2
30.29	294	H	17/11/13	Mansfield Major Oak Meet	Mansfield	Bramcote	3
30.71	282		20/10/13	ASA East Midlands Regional Disability	Wellingborough	Bramcote	3
30.89	277	F	24/11/13	Bramcote Open Meet	Bramcote	Bramcote	3
31.11	272	H	28/09/13	ASA West Midlands Regional Disability Champs	Solihull	Bramcote	3
31.20	269	F	30/06/13	Bramcote Diddy & Club Championships	Bramcote	Bramcote	4
33.37	220	H	23/03/13	Nottinghamshire ASA County Championships	Mansfield	Bramcote	2
33.94	209	H	02/03/13	National Junior & Youth Championships	Sheffield	Bramcote	2
33.97	209	H	20/04/13	30th City of Derby Licensed SC Open Meet	Derby	Bramcote	3
35.52	182	H	25/08/12	Sheffield City 2012 Open Sprints Meet	Sheffield	Bramcote	3
35.92	176	F	25/11/12	Bramcote Open Meet	Bramcote	Bramcote	3
36.13	173	H	15/07/12	Chesterfield SC Summer Splash Meet 2012	Chesterfield	Bramcote	3
36.81	164	H	23/09/12	ASA NER Disability Championships	Harrogate	Bramcote	3
37.28	158	H	20/05/10	East Midlands 2010 Regional Disability	Braunston	Bramcote	2

37.36	130	H	20/05/12	East Midlands 2012 Regional Disability	Braunstone	Bramcote	
38.00	149		01/11/11	Bramcote Club Championships	Bramcote	Bramcote	4
38.44	144	H	29/01/12	Long Eaton Open Meet	Derby	Bramcote	3
38.56	142		27/11/11	Bramcote 4th Annual Open Meet	Bramcote	Bramcote	3

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36.13	173	H	15/07/12	Chesterfield SC Summer Splash Meet 2012	Chesterfield	Bramcote	3
37.38	156	H	20/05/12	East Midlands 2012 Regional Disability	Braunstone	Bramcote	2
38.44	144	H	29/01/12	Long Eaton Open Meet	Derby	Bramcote	3
38.56	142		27/11/11	Bramcote 4th Annual Open Meet	Bramcote	Bramcote	3
38.00	149		01/11/11	Bramcote Club Championships	Bramcote	Bramcote	4