

Individual Best Times (All Time)

Michael Strang - (865469) - Burntisland ASC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------|----------------------|-----------------|-------|
| 1:08.42 | 352 | F | 23/03/19 | Glenrothes Spring Meet 2019 | Michael Woods Centre | Carnegie | 2 |
| 1:10.11 | 327 | H | 26/10/19 | Carnegie Winter Open Meet 2019 | Michael Woods | Carnegie | 2 |
| 1:15.44 | 262 | F | 08/01/17 | FIRST Annual Open Meet 2017 | Bathgate | Fins | 2 |
| 1:16.31 | 254 | H | 05/11/16 | Ren 96 Open Meet | Linwood | Fins | 2 |
| 1:16.32 | 253 | H | 29/10/16 | Carnegie Winter Open Meet | Glenrothes | Fins | 2 |
| 1:16.44 | 252 | F | 29/10/16 | Carnegie Winter Open Meet | Glenrothes | Fins | 2 |
| 1:20.68 | 214 | | 06/02/16 | Glenrothes Spring Meet | Glenrothes | Glenrothes | 2 |
| 1:23.25 | 195 | F | 29/08/15 | Dunedin Challenge Meet | Bathgate | Glenrothes | 2 |
| 1:26.63 | 173 | | 30/08/14 | Dunedin Challenge Meet | Dunfermline | Glenrothes | 2 |
| 1:32.21 | 143 | F | 18/01/15 | Carnegie Graded Meet | Dunfermline | Glenrothes | 2 |

Swims in Date Order

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|---------|--------|-------|----------|--------------------------------|----------------------|-----------------|-------|
| 1:10.11 | 327 | H | 26/10/19 | Carnegie Winter Open Meet 2019 | Michael Woods | Carnegie | 2 |
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