

Individual Best Times (All Time)

Joanna Johnson - (864342) - Chepstow & District SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 3:17.77 | 233 | F | 01/12/13 | South East Wales Sub Regional Gala | Newport | Chepstow | 4 |
| 3:21.22 | 222 | F | 30/11/14 | South East Wales Sub Regional Competition | Newport | Chepstow | 2 |
| 3:25.12 | 209 | H | 04/02/14 | South East Wales Regional Championships | Newport | Chepstow | 2 |
| 3:33.24 | 186 | F | 27/09/14 | Chepstow & District Closed Meet | Newport | Chepstow | 4 |
| 3:39.54 | 171 | F | 25/11/12 | South East Wales Sub Regional Meet | Newport | Chepstow | 4 |
| 3:42.83 | 163 | F | 12/09/15 | Monmouthshire County Championships | Newport | Chepstow | 3 |
| 4:05.17 | 122 | F | 04/12/11 | South East Wales Sub Regional Competition | Newport | Chepstow | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 3:42.83 | 163 | F | 12/09/15 | Monmouthshire County Championships | Newport | Chepstow | 3 |
| 3:21.22 | 222 | F | 30/11/14 | South East Wales Sub Regional Competition | Newport | Chepstow | 2 |
| 3:33.24 | 186 | F | 27/09/14 | Chepstow & District Closed Meet | Newport | Chepstow | 4 |
| 3:25.12 | 209 | H | 04/02/14 | South East Wales Regional Championships | Newport | Chepstow | 2 |
| 3:17.77 | 233 | F | 01/12/13 | South East Wales Sub Regional Gala | Newport | Chepstow | 4 |
| 3:39.54 | 171 | F | 25/11/12 | South East Wales Sub Regional Meet | Newport | Chepstow | 4 |
| 4:05.17 | 122 | F | 04/12/11 | South East Wales Sub Regional Competition | Newport | Chepstow | 4 |