

Individual Best Times (All Time)

Jacob Copeland - (864260) - Dane Valley SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:25.27	512	H	21/01/17	Cheshire County Championships	Macclesfield	Crewe Flyers	2
4:25.27	512	H	21/01/17	Cheshire County Championships	Macclesfield	Crewe Flyers	2
4:26.97	502	H	04/03/17	Satellites of Macclesfield 30th Open Meet	Macclesfield	Crewe Flyers	3
4:32.16	474	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Alsager	2
4:32.16	474	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Alsager	2
4:32.16	474	H	23/01/16	Cheshire County Championships 2016	Macclesfield	Alsager	2
4:32.82	470	H	16/10/16	North Midlands Championships 2016	Macclesfield	Crewe Flyers	3
4:42.31	424	H	01/11/14	Chase Open Meet 2014	Wolverhampton		2
4:44.30	416	H	24/01/15	Cheshire County Championships 2015	Macclesfield		2
4:52.48	382	H	12/09/14	Alsager SC Club Championships	Alsager	Alsager	4
4:59.92	354	H	15/03/14	Cheshire County Championships	Macclesfield	Alsager	2
5:01.08	350	H	26/04/14	Satellites of Macclesfield Open Meet	Macclesfield	Alsager	2
5:02.01	347	H	13/04/14	City of Stoke on Trent Y2K 2014	Stoke on Trent	Alsager	3
5:11.87	315	H	11/01/14	North Midlands Age Group Championships	Macclesfield	Alsager	3
5:11.87	315	H	11/01/14	North Midlands ASA Championships 2014	Macclesfield	Alsager	3
5:23.54	282	H	05/10/13	Alsagar Club Championships	Alsagar	Alsager	4
6:09.30	189	H	06/10/12	Alsager SC Club Championships	Alsager	Alsager	4

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