

Individual Best Times (All Time)

Jacob Copeland - (864260) - Dane Valley SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------------|-----------------|-------|
| 2:18.64 | 494 | H | 20/10/19 | North Midlands Championships 2019 | Macclesfield | Dane Valley | 3 |
| 2:19.49 | 485 | H | 16/03/19 | Thirty Sixth City of Derby Short Course Open Meet | Matlock | Dane Valley | 3 |
| 2:19.66 | 483 | H | 10/03/18 | Satellites Sprint Meet 2018 - L3 | Macclesfield | Crewe Flyers | 3 |
| 2:19.86 | 481 | H | 02/02/20 | Cheshire County Championships | Macclesfield LC | Dane Valley | 2 |
| 2:19.95 | 480 | H | 21/10/18 | North Midlands S&WPA 2018 Association Championship | Macclesfield | Dane Valley | 3 |
| 2:20.46 | 475 | H | 03/02/19 | Cheshire County Championships 2019 | Macclesfield | Dane Valley | 2 |
| 2:21.50 | 465 | H | 04/02/18 | CHESHIRE COUNTY CHAMPIONSHIPS 2018 | Macclesfield | Crewe Flyers | 2 |
| 2:22.59 | 454 | H | 22/10/17 | 2017 Association Championships | Macclesfield | Crewe Flyers | 3 |
| 2:22.78 | 452 | H | 04/03/17 | Satellites of Macclesfield 30th Open Meet | Macclesfield | Crewe Flyers | 3 |
| 2:23.42 | 446 | H | 05/02/17 | Cheshire County Championships | Macclesfield | Crewe Flyers | 2 |
| 2:24.57 | 436 | F | 16/11/18 | Dane Valley Club Championships | Congleton | Dane Valley | 4 |
| 2:24.62 | 435 | F | 13/09/19 | Dane Valley Asc Club Championships 2019 | Congleton | Dane Valley | 4 |
| 2:24.71 | 434 | H | 02/07/16 | Alsager Bridgestone Club Champs | Alsager | Alsager | 4 |
| 2:25.85 | 424 | H | 09/12/18 | Newcastle 3rd Winter Open Meet | Newcastle under Lyme | Dane Valley | 3 |
| 2:26.12 | 422 | H | 16/10/16 | North Midlands Championships 2016 | Macclesfield | Crewe Flyers | 3 |
| 2:28.43 | 402 | H | 22/11/14 | Liverpool & Dist Inter Association Gala | Huyton | | 2 |
| 2:28.69 | 400 | H | 07/02/16 | Cheshire County Championships 2016 | Macclesfield | Alsager | 2 |
| 2:29.61 | 393 | H | 31/10/15 | Chase 12th Roebuck Open Meet | Wolverhampton | | 2 |
| 2:30.01 | 390 | H | 18/04/15 | Satellites of Macclesfield 28th Open Meet | Macclesfield | | 3 |
| 2:30.21 | 388 | H | 08/02/15 | Cheshire County Championships 2015 | Macclesfield | | 2 |
| 2:31.59 | 378 | H | 01/11/14 | Chase Open Meet 2014 | Wolverhampton | | 2 |
| 2:31.78 | 376 | H | 01/03/15 | City of Stoke on Trent Y2K 2015 | Stoke-on-Trent | | 3 |
| 2:33.13 | 366 | H | 13/09/14 | Alsager SC Club Championships | Alsager | Alsager | 4 |
| 2:39.84 | 322 | F | 28/06/14 | 13th Biddulph ASC Open Meet | Biddulph | Alsager | 3 |
| 2:42.16 | 308 | H | 26/04/14 | Satellites of Macclesfield Open Meet | Macclesfield | Alsager | 2 |
| 2:42.44 | 307 | H | 30/03/14 | Cheshire County WP & Swimming Champs | Macclesfield | Alsager | 2 |
| 2:43.24 | 300 | H | 12/04/14 | City of Stoke on Trent Y2K 2014 | Stoke on Trent | Alsager | 3 |

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|---------|-----|---|----------|--|----------------|---------|---|
| 2:43.34 | 302 | H | 13/04/14 | City of Stoke on Trent Y2K 2014 | Stoke on Trent | Alsager | 3 |
| 2:48.36 | 276 | H | 19/01/14 | North Midlands ASA Championships 2014 | Macclesfield | Alsager | 3 |
| 2:58.19 | 232 | H | 02/11/13 | Chase SC Roebuck Open Meet | Wolverhampton | Alsager | 2 |
| 2:59.35 | 228 | H | 14/09/13 | Alsagar Club Championships | Alsagar | Alsager | 4 |
| 3:01.57 | 220 | H | 22/09/13 | City of Stoke on Trent SC B Grade Meet | Fenton | Alsager | 3 |
| 3:12.28 | 185 | H | 14/04/13 | City of Stoke COSACSS Y2K 2013 | Stoke on Trent | Alsager | 3 |
| 3:14.87 | 178 | | 18/11/12 | Boldmere SC Level 2 Open Meet | Boldmere | Alsager | 2 |
| 3:15.42 | 176 | F | 01/12/12 | Percy Mason Memorial Gala | Warrington | Alsager | 3 |
| 3:19.16 | 166 | H | 29/09/12 | Alsager SC Club Championships | Alsager | Alsager | 4 |
| 3:22.40 | 158 | H | 23/09/12 | COSACSS B Grade Open Meet | Stoke on Trent | Alsager | 3 |
| 3:23.25 | 156 | F | 14/07/12 | Biddulph ASC 11th Open Meet | Biddulph | Alsager | 3 |
| 3:28.16 | 146 | F | 07/07/12 | Winsford ASC Summer Development Meet | Winsford | Alsager | 4 |

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