

Individual Best Times (All Time)

Jamie Cordes - (863453) - City of Sunderland ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.66	504	H	13/10/17	BOSSS Winter Swim Festival 2017	Billingham	Gates &Whick	2
4:38.94	440	H	14/01/17	Newcastle Swim Team County Qualifier Meet	South Shields	North Tyne	3
4:46.04	408	H	08/11/15	Wear Valley Guy Fawkes Level 3 Meet	Bishop Auckland		3
4:49.34	394	H	18/04/15	South Tyneside ASC Spring Meet	South Shields		3
4:59.37	356	H	20/12/15	N & D Christmas Qualifier Meet	Durham	North Tyne	4
5:18.60	295	H	14/09/14	South Tyneside ASC Autumn Meet	South Shields		3
5:22.75	284	H	29/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
5:34.45	255	H	07/09/13	South Tyneside ASC Autumn Meet	Hebburn	North Tyne	3
5:59.47	205	H	07/04/13	Tynedale ASC Invitational Meet	Tynedale	North Tyne	3
6:02.69	200	H	27/01/13	North East Invitational Meet	Hexham	North Tyne	3
6:11.60	186	H	15/09/12	South Tyneside Autumn Meet 2012	South Tyneside	North Tyne	3
6:12.21	185	H	13/01/13	Newburn ASC New Year Graded Meet	Stanley	North Tyne	3
6:15.06	181	H	23/03/13	North Tyneside Mad March Hare	Stanley	North Tyne	3
6:37.16	152	H	01/04/12	Tynedale Invitational Meet	Hexham	North Tyne	4
6:57.75	131	H	10/12/11	North Tyneside Mini Meet	Killingworth	North Tyne	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.66	504	H	13/10/17	BOSSS Winter Swim Festival 2017	Billingham	Gates &Whick	2
4:38.94	440	H	14/01/17	Newcastle Swim Team County Qualifier Meet	South Shields	North Tyne	3
4:59.37	356	H	20/12/15	N & D Christmas Qualifier Meet	Durham	North Tyne	4
4:46.04	408	H	08/11/15	Wear Valley Guy Fawkes Level 3 Meet	Bishop Auckland		3
4:49.34	394	H	18/04/15	South Tyneside ASC Spring Meet	South Shields		3
5:18.60	295	H	14/09/14	South Tyneside ASC Autumn Meet	South Shields		3
5:22.75	284	H	29/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	North Tyne	3
5:34.45	255	H	07/09/13	South Tyneside ASC Autumn Meet	Hebburn	North Tyne	3

5:59.47	205	H	07/04/13	Tynedale ASC Invitational Meet	Tynedale	North Tyne	3
6:15.06	181	H	23/03/13	North Tyneside Mad March Hare	Stanley	North Tyne	3
6:02.69	200	H	27/01/13	North East Invitational Meet	Hexham	North Tyne	3
6:12.21	185	H	13/01/13	Newburn ASC New Year Graded Meet	Stanley	North Tyne	3
6:11.60	186	H	15/09/12	South Tyneside Autumn Meet 2012	South Tyneside	North Tyne	3
6:37.16	152	H	01/04/12	Tynedale Invitational Meet	Hexham	North Tyne	4
6:57.75	131	H	10/12/11	North Tyneside Mini Meet	Killingworth	North Tyne	4