

Individual Best Times (All Time)

Amy Woods - (861200) - Lincoln Vulcans SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.24	466	H	20/01/19	Lincolnshire County Championships 2019	Grantham	Lincoln Vulc	2
2:23.74	451	H	16/12/17	City of Leeds Xmas Meet 2017	Leeds	Lincoln Vulc	3
2:24.33	446	H	25/11/17	Louth Meridan Meet	Louth	Lincoln Vulc	3
2:25.72	433	H	17/06/18	LVSC Grantham Level 3	Grantham	Lincoln Vulc	3
2:28.02	413	H	20/01/18	Lincolnshire County Championships 2018	Grantham	Lincoln Vulc	2
2:29.14	404	H	07/10/17	Leicester Penguins 2017 Open Meet	Braunstone	Lincoln Vulc	3
2:36.25	351	H	26/11/16	Louth MeridianMeet	Louth	Lincoln Vulc	3
2:36.91	347	H	01/10/16	Leicester Penguins 2016 Open Meet	Braunstone	Lincoln Vulc	3
2:38.51	337	H	22/10/16	Lincoln Vulcans L2 Short Course Open Meet	Sheffield	Lincoln Vulc	2
2:42.42	313	H	17/07/16	Chesterfield Summer Splash	Matlock	Lincoln Vulc	3
2:44.41	302	H	05/06/16	Lincoln Vulcans L3 Short Course Meet	Grantham	Lincoln Vulc	3
2:51.29	267	H	03/10/15	Leicester Penguins 2015 Open Meet	Braunstone	Lincoln Vulc	3
2:52.93	259	H	11/07/15	Lincoln Vulcans Annual Club Championships	Grantham	Lincoln Vulc	4
2:58.40	236	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham	Lincoln Vulc	3
3:00.44	228	H	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	Lincoln Vulc	2
3:02.64	220	H	22/11/14	Lincoln Vulcans Club Championships	Grantham	Lincoln Vulc	4
3:15.56	179	H	12/07/14	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	Lincoln Vulc	3
3:17.90	173	H	12/04/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
3:19.78	168	H	05/10/14	Rob Welbourn Open Meet	Deeping	Lincoln Vulc	3
3:25.15	155	H	08/03/14	Lincolnshire 63rd Annual County Champs	Louth	Lincoln Vulc	2
3:25.15	155	H	08/03/14	63rd Annual Lincolnshire County Champs	Louth	Lincoln Vulc	2
3:29.60	145	H	25/01/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
3:29.62	145	H	05/01/14	Boston 9th Open Meet	Grantham	Lincoln Vulc	3
3:33.81	137	H	16/11/13	Lincoln Vulcan Club Championships	Grantham	Lincoln Vulc	4
3:39.03	127	H	06/10/13	Deepings SC Rob Welburn Open Meet 2013	Deepings	Lincoln Vulc	3
3:50.48	109	H	13/07/13	Lincoln Vulcans Short Course Open Meet	Grantham	Lincoln Vulc	3

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