

Individual Best Times (All Time)

Amy Woods - (861200) - Lincoln Vulcans SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|--------------|-----------------|-------|
| 1:13.72 | 412 | H | 17/06/18 | LVSC Grantham Level 3 | Grantham | Lincoln Vulc | 3 |
| 1:14.14 | 405 | H | 17/12/17 | City of Leeds Xmas Meet 2017 | Leeds | Lincoln Vulc | 3 |
| 1:14.59 | 398 | H | 06/10/18 | Lincoln Vulcans Short Course Level 2 Meet | Sheffield | Lincoln Vulc | 2 |
| 1:15.19 | 389 | H | 14/07/18 | Lincoln Vulcans Club Championships | Grantham | Lincoln Vulc | 3 |
| 1:16.98 | 362 | H | 04/02/18 | Lincolnshire County Championships 2018 | Louth | Lincoln Vulc | 2 |
| 1:17.45 | 355 | H | 05/02/17 | Lincolnshire County Championships 2017 | Louth | Lincoln Vulc | 2 |
| 1:18.67 | 339 | H | 19/11/16 | Boston Club 12th Open Meet | Grantham | Lincoln Vulc | 3 |
| 1:18.90 | 336 | F | 20/05/17 | Tulip Open Meet 2017 | Spalding | | 3 |
| 1:19.42 | 330 | H | 20/05/17 | Tulip Open Meet 2017 | Spalding | | 3 |
| 1:20.65 | 315 | H | 05/03/17 | Worksop Dolphins 9th Spring Open Meet | Worksop | Lincoln Vulc | 3 |
| 1:21.52 | 305 | F | 07/02/16 | Lincolnshire County Championships 2016 | Louth | Lincoln Vulc | 2 |
| 1:21.65 | 303 | H | 07/02/16 | Lincolnshire County Championships 2016 | Louth | Lincoln Vulc | 2 |
| 1:22.00 | 299 | H | 01/05/16 | South Lincs Tulip Meet 2016 | Spalding | Lincoln Vulc | 3 |
| 1:24.40 | 275 | H | 02/07/16 | Lincoln Vulcans Club Championships | Grantham | Lincoln Vulc | 3 |
| 1:25.04 | 268 | H | 11/07/15 | Lincoln Vulcans Annual Club Championships | Grantham | Lincoln Vulc | 4 |
| 1:25.16 | 267 | H | 06/03/16 | Worksop Dolphins The 8th Spring Open Meet | Worksop | Lincoln Vulc | 3 |
| 1:25.41 | 265 | H | 05/06/16 | Lincoln Vulcans L3 Short Course Meet | Grantham | Lincoln Vulc | 3 |
| 1:26.22 | 258 | H | 03/05/15 | 31st Tulip Open Meet | Spalding | Lincoln Vulc | 3 |
| 1:26.85 | 252 | H | 21/11/15 | Boston ASC Club 11th Open Meet | Grantham | Lincoln Vulc | 3 |
| 1:26.95 | 251 | H | 17/10/15 | Lincoln Vulcans Level 2 Open Meet | Sheffield | Lincoln Vulc | 2 |
| 1:27.63 | 245 | H | 20/12/15 | Chesterfield Winter Open Championships | Chesterfield | Lincoln Vulc | 3 |
| 1:27.74 | 244 | H | 28/06/15 | Lincoln Vulcans Grantham L3 Open Meet | Grantham | Lincoln Vulc | 3 |
| 1:28.62 | 237 | H | 12/04/15 | The 2015 Leicester Age Group Meet | Leicester | Lincoln Vulc | 3 |
| 1:30.84 | 220 | H | 21/03/15 | Lincolnshire County ASA Swimming Championships | Louth | Lincoln Vulc | 2 |
| 1:32.57 | 208 | H | 22/11/14 | Lincoln Vulcans Club Championships | Grantham | Lincoln Vulc | 4 |
| 1:36.45 | 184 | H | 03/05/14 | South Lincs CSC Tulip Open Meet | Spalding | Lincoln Vulc | 3 |

Swims in Date Order

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| 1:14.59 | 398 | H | 06/10/18 | Lincoln Vulcans Short Course Level 2 Meet | Sheffield | Lincoln Vulc | 2 |
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| 1:13.72 | 412 | H | 17/06/18 | LVSC Grantham Level 3 | Grantham | Lincoln Vulc | 3 |
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| 1:25.41 | 265 | H | 05/06/16 | Lincoln Vulcans L3 Short Course Meet | Grantham | Lincoln Vulc | 3 |
| 1:22.00 | 299 | H | 01/05/16 | South Lincs Tulip Meet 2016 | Spalding | Lincoln Vulc | 3 |
| 1:25.16 | 267 | H | 06/03/16 | Worksop Dolphins The 8th Spring Open Meet | Worksop | Lincoln Vulc | 3 |
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