

# Individual Best Times (All Time)

Amy Woods - (861200) - Lincoln Vulcans SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.12	405	H	20/01/19	Lincolnshire County Championships 2019	Grantham	Lincoln Vulc	2
34.19	402	F	20/01/19	Lincolnshire County Championships 2019	Grantham	Lincoln Vulc	2
34.28	399	F	20/01/18	Lincolnshire County Championships 2018	Grantham	Lincoln Vulc	2
34.35	397	H	17/11/18	Lincoln Vulcans Sprints Gala	Yarborough	Lincoln Vulc	4
34.88	379	H	30/06/18	Lincoln Vulcans Club Championships	Grantham	Lincoln Vulc	3
34.95	377	H	20/01/18	Lincolnshire County Championships 2018	Grantham	Lincoln Vulc	2
35.13	371	H	19/11/16	Boston Club 12th Open Meet	Grantham	Lincoln Vulc	3
35.19	369	H	18/11/17	Lincoln Vulcans Squad Sprints	Yarborough	Lincoln Vulc	4
35.32	365	H	26/11/16	Lincoln Vulcans Squad Sprints	Yarborough	Lincoln Vulc	4
35.33	365	H	08/07/17	Lincoln Vulcans Club Championships	Grantham	Lincoln Vulc	3
35.37	363	H	07/10/17	Leicester Penguins 2017 Open Meet	Braunstone	Lincoln Vulc	3
35.44	361	F	21/01/17	Lincolnshire County Championships 2017	Grantham	Lincoln Vulc	2
35.50	359	H	21/01/17	Lincolnshire County Championships 2017	Grantham	Lincoln Vulc	2
35.97	345	H	16/12/17	City of Leeds Xmas Meet 2017	Leeds	Lincoln Vulc	3
36.27	337	H	11/06/17	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	Lincoln Vulc	3
36.67	326	H	01/10/16	Leicester Penguins 2016 Open Meet	Braunstone	Lincoln Vulc	3
36.92	319	H	02/10/16	Cambridge Grand Prix Regional & National Qualifier	Cambridge	Lincoln Vulc	2
37.29	310	H	25/06/16	Lincoln Vulcans Club Championships	Grantham	Lincoln Vulc	3
37.38	308	F	23/01/16	Lincolnshire County Championships 2016	Grantham	Lincoln Vulc	2
37.72	299	H	17/07/16	Chesterfield Summer Splash	Matlock	Lincoln Vulc	3
37.78	298	H	23/01/16	Lincolnshire County Championships 2016	Grantham	Lincoln Vulc	2
38.40	284	H	02/04/16	Kingston upon Hull Easter Short Course Meet	Hull	Lincoln Vulc	3
39.63	258	H	04/07/15	Lincoln Vulcans Annual Club Championships	Grantham	Lincoln Vulc	4
39.66	258	H	19/09/15	Rotherham Metro A & B Grade Short Course Meet	Sheffield	Lincoln Vulc	3
40.00	251	H	03/10/15	Leicester Penguins 2015 Open Meet	Braunstone	Lincoln Vulc	3
40.04	250	H	22/11/15	Boston ASC Club 11th Open Meet	Grantham	Lincoln Vulc	3
40.43	242	H	10/12/15	Chesterfield Winter Open Championships	Chesterfield	Lincoln Vulc	3

40.43	243	H	19/12/15	Chesterfield Winter Open Championships	Chesterfield	Lincoln Vulc	3
40.45	243	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham	Lincoln Vulc	3
40.92	234	H	18/04/15	Lincoln Vulcans Squad Sprint	Lincoln	Lincoln Vulc	4
41.48	225	H	07/03/15	Lincolnshire County ASA Swimming Championships	Louth	Lincoln Vulc	2
43.33	197	F	20/12/14	City of Peterborough County Qualifier Open Meet	Peterborough	Lincoln Vulc	3
44.71	180	H	04/10/14	Rob Welbourn Open Meet	Deeping	Lincoln Vulc	3
45.50	170	H	12/07/14	Lincoln Vulcans Short Course Level 3 Open Meet	Grantham	Lincoln Vulc	3
46.05	164	H	08/03/14	Lincolnshire 63rd Annual County Champs	Louth	Lincoln Vulc	2
46.05	164	H	08/03/14	63rd Annual Lincolnshire County Champs	Louth	Lincoln Vulc	2
47.05	154	H	05/04/14	Lincoln Vulcans Club Championships	Yarborough	Lincoln Vulc	4
48.05	145	H	12/04/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
49.66	131	H	05/01/14	Boston 9th Open Meet	Grantham	Lincoln Vulc	3
50.87	122	H	25/01/14	Grantham Grand Prix Meet	Grantham	Lincoln Vulc	3
51.40	118	H	05/10/13	Deepings SC Rob Welburn Open Meet 2013	Deepings	Lincoln Vulc	3
51.88	115	H	13/07/13	Lincoln Vulcans Short Course Open Meet	Grantham	Lincoln Vulc	3

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