

# Individual Best Times (All Time)

Joel Sinclair - (860576) - Carlisle Aquatics - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.51	443	H	23/10/16	ASA National County Teams Division 2	Sheffield	Cumbria	2
1:12.69	439	F	28/01/17	Cumbria Age Groups & County Championships	Workington	Carlisle Aq	2
1:12.83	437	H	28/01/17	Cumbria Age Groups & County Championships	Workington	Carlisle Aq	2
1:13.17	431	H	16/10/16	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
1:13.82	419	H	26/06/16	Central Lancashire SWPA Inter Association	Wigan	Cumbria	3
1:14.51	408	H	06/11/16	ASA North West Region Winter Championships	Manchester	Carlisle Aq	2
1:16.33	379	H	22/11/15	Bolton & Manchester SWPA Inter Association	Wigan		3
1:17.30	365	H	27/02/16	Cumbria Age Groups & County Championships	Kendal	Carlisle Aq	2
1:17.40	364	H	08/11/15	ASA North West Region Winter Championships	Liverpool		2
1:18.63	347	H	11/10/15	Carlisle Aquatics SC Club Championships	Carlisle		4
1:19.38	337	F	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
1:20.17	327	H	18/01/15	Carlisle Aquatics Club Championships	Carlisle		4
1:20.82	319	H	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
1:21.42	312	F	19/09/15	37 Thurso Open	Thurso		2
1:23.04	295	H	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle		3
1:23.17	293	H	25/01/15	2015 Cumbria Winter Meet	Workington		3
1:25.89	266	H	14/06/14	Copeland ASC 19th Graded Gala	Whitehaven		3
1:26.33	262	F	26/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Carlisle Aq	2
1:29.10	238	H	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
1:31.27	222	F	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
1:34.19	202	H	24/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
1:37.81	180	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Carlisle Aq	3
1:43.72	151	H	07/07/13	Newburn ASC 7th Annual Summer Gala	Tynemouth	Carlisle Aq	3

## Swims in Date Order

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