## **Individual Best Times (All Time)**

Joel Sinclair - (860576) - Carlisle Aquatics - 200 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:02.41	534	Н	16/10/16	NOT SENT Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:02.41	534	Н	06/11/16	ASA North West Region Winter Championships	Manchester	Carlisle Aq	2
2:06.88	480	Н	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
2:09.37	453	Н	29/01/17	Cumbria Age Groups & County Championships	Workington	Carlisle Aq	2
2:11.39	432	Н	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
2:12.07	425	Н	23/11/14	Liverpool & Dist Inter Association Gala	Huyton		2
2:13.61	411	Н	25/10/14	Chester le Street Junior Meet	Chester-le-Street		3
2:13.81	409	Н	11/01/15	Carlisle Aquatics Club Championships	Carlisle		4
2:15.76	392	F	27/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Carlisle Aq	2
2:17.56	376	Н	13/09/14	Workington ASC 5th Presidents Open Gala	Cumbria		3
2:21.39	347	Н	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
2:29.78	292	Н	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:30.23	289	Н	21/09/13	2013 Cumbria ASA Inter- Association Qualifier	Carlisle	Carlisle Aq	3
2:36.22	257	F	28/04/13	Dumfries Graded Meet 2013	Dumfries	Carlisle Aq	2
2:37.81	249	Н	19/05/13	Wear Valley May Level 3 Meet	Bishop Auckland	Carlisle Aq	3
2:38.13	248	Н	07/09/13	Workington 4th Presidents Open Meet	Workington	Carlisle Aq	3
2:39.91	239	Н	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Carlisle Aq	3
2:45.98	214	Н	07/07/13	Newburn ASC 7th Annual Summer Gala	Tynemouth	Carlisle Aq	3
2:46.77	211	Н	24/02/13	Derwentside ASC Development Meet	Stanley	Carlisle Aq	3
2:55.35	181	Н	22/09/12	Cumbrian 2012 Inter Association Qualifier	Carlisle	Carlisle Aq	3
2:56.82	177	Н	03/11/12	2012 Cumbrian Autumn Graded Series	Workington	Carlisle Aq	3
3:02.09	162	Н	15/07/12	Newburn ASC 6th Summer Meet	Stanley	Carlisle Aq	3
3:05.09	154	Н	16/06/12	Copeland ASC 18th Graded Gala	Whitehaven	Carlisle Aq	4
3:07.18	149	Н	20/05/12	Wear Valley ASC May L3 Meet	Bishop Auckland	Carlisle Aq	3

Swims in Date Order

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