

Individual Best Times (All Time)

Joel Sinclair - (860576) - Carlisle Aquatics - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.61	505	H	26/06/16	Central Lancashire SWPA Inter Association	Wigan	Cumbria	3
2:17.89	502	F	14/01/17	Cumbria Age Group & County Championships	Workington	Carlisle Aq	4
2:18.62	494	H	14/01/17	Cumbria Age Group & County Championships	Workington	Carlisle Aq	4
2:18.79	492	F	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
2:19.62	484	H	16/10/16	NOT SENT Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:19.77	482	H	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
2:20.57	474	H	22/11/15	Bolton & Manchester SWPA Inter Association	Wigan		3
2:21.54	464	H	26/11/16	Carlisle Aquatics 2016 Sprints & Medley Open Meet	Carlisle	Carlisle Aq	3
2:21.81	462	H	08/11/15	ASA North West Region Winter Championships	Liverpool		2
2:25.96	423	H	27/09/15	Carlisle Aquatics Club Championships	Carlisle		4
2:27.94	406	H	07/03/15	2015 Cumbria Age Groups & County Championships	Kendal		2
2:28.41	403	H	11/01/15	Carlisle Aquatics Club Championships	Carlisle		4
2:29.00	398	H	29/11/14	Carlisle Aquatics 2014 Sprints & Medley Open Meet	Carlisle		3
2:29.84	391	H	22/11/14	Liverpool & Dist Inter Association Gala	Huyton		2
2:31.74	377	H	14/06/14	Copeland ASC 19th Graded Gala	Whitehaven		3
2:33.68	363	H	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle		3
2:34.68	356	H	26/10/14	Chester le Street Junior Meet	Chester-le-Street		3
2:37.76	335	H	08/03/14	Cumbrian Age Groups and County Champs	Kendal	Carlisle Aq	2
2:38.58	330	F	26/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Carlisle Aq	2
2:45.40	291	H	30/11/13	Cumbria S & WPA Interassociation	Blackpool	Carlisle Aq	2
2:48.01	277	H	21/09/13	2013 Cumbria ASA Inter- Association Qualifier	Carlisle	Carlisle Aq	3
2:50.45	266	H	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
2:58.39	232	H	09/03/13	Cumbria Age Group & County Championships	Kendal	Carlisle Aq	2
3:03.62	212	H	07/07/13	Newburn ASC 7th Annual Summer Gala	Tynemouth	Carlisle Aq	3
3:08.18	197	H	24/11/12	2012 Cumbria Autumn Graded Series	Kendal	Carlisle Aq	3
3:20.72	162	H	22/09/12	Cumbrian 2012 Inter Association Qualifier	Carlisle	Carlisle Aq	3
3:22.06	156	H	15/07/12	Newburn ASC 6th Summer Meet	Stanley	Carlisle Aq	3

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