

Individual Best Times (All Time)

Joel Sinclair - (860576) - Carlisle Aquatics - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.77	379	H	05/11/16	ASA North West Region Winter Championships	Manchester	Carlisle Aq	2
1:07.34	369	H	14/01/17	Cumbria Age Group & County Championships	Workington	Carlisle Aq	4
1:07.96	359	H	16/10/16	NOT SENT Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
1:09.19	340	F	20/09/15	37 Thurso Open	Thurso		2
1:09.83	331	H	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven		2
1:10.24	325	F	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven		2
1:12.00	302	H	07/02/16	2016 Cumbria Age Groups & County Championships	Whitehaven	Carlisle Aq	2
1:12.32	298	H	25/01/15	2015 Cumbria Winter Meet	Workington		3
1:15.16	265	H	14/06/14	Copeland ASC 19th Graded Gala	Whitehaven		3
1:16.27	254	F	27/04/14	2014 Dumfries ASC Graded Meet	Dumfries	Carlisle Aq	2
1:16.55	251	F	15/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
1:17.04	246	H	15/03/14	Cumbria County Championships	Whitehaven	Carlisle Aq	2
1:17.10	246	H	06/07/14	Newcastle Swim Team 1st Summer Gala	Newcastle		3
1:19.85	221	H	17/11/13	Carlisle Aquatics Club Championships	Carlisle	Carlisle Aq	4
1:23.82	191	F	28/04/13	Dumfries Graded Meet 2013	Dumfries	Carlisle Aq	2
1:23.95	190	H	15/06/13	Copeland ASC 17th Graded Gala	Whitehaven	Carlisle Aq	3
1:27.78	166	H	07/07/13	Newburn ASC 7th Annual Summer Gala	Tynemouth	Carlisle Aq	3
1:28.53	162	H	24/02/13	Derwentside ASC Development Meet	Stanley	Carlisle Aq	3

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