## **Individual Best Times (All Time)**

Thomas Rowlands - (860482) - City of Chester Swimming Club - 400 Freestyle - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:32.97	259	F	13/07/13	Wirral Metro L3 Meet	Birkenhead	Co Chester	3
5:35.56	253	F	04/05/13	Wrexham 10th Spring Meet	Wrexham	Co Chester	2
5:40.92	241	Н	12/01/13	North Midlands ASA Championships 2013	Macclesfield	Co Chester	3

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