

Individual Best Times (All Time)

Fraser Cooke - (859411) - Southport SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:03.82	516	H	09/11/21	Southport SC Club Championships	Dunes LC	Southport	4
2:05.24	499	H	23/10/21	Liverpool & District Age Groups & Swimming Champs	Knowsley	Southport	3
2:07.70	471	H	16/11/19	Wigan BEST Future Stars Open Meet	Wigan Life Centre	Southport	2
2:11.55	431	H	19/10/19	North Lancashire Level 2 Age Groups & Champs	Blackpool	Southport	2
2:12.63	420	H	20/11/18	Southport Club Championships 2018	DUNES	Southport	4
2:16.37	386	H	21/11/17	Southport Club Championships	Southport	Southport	4
2:16.71	384	H	27/11/16	Wigan BEST Future Stars Open Meet	Wigan	Southport	2
2:22.71	337	H	06/12/15	Preston Christmas Countdown 2015 L3 Open Meet	Darwen		3
2:25.67	317	H	17/10/15	Liverpool & District Age Group & Swimming Champs	Everton		2
2:27.42	306	H	17/11/15	Southport SC Club Championships	Southport		4
2:31.83	280	H	18/11/14	Southport Club Championships	Southport		4
2:41.32	233	H	13/07/14	Preston SC Guild Summer Spectacular	Darwen	Southport	3
2:41.36	233	H	20/09/14	City of Liverpool Level 3 Tadpole Meet	Liverpool		3
2:50.58	197	F	17/11/13	Wigan BEST Future Stars Meet	Wigan	Southport	1
2:51.73	193	H	01/02/14	Liverpool & District S & WPA Age Group Champs	Knowsley	Southport	2
3:03.18	159	H	23/06/13	Preston Guild Summer Spectacular Meet	Darwen	Southport	3
3:06.49	151	H	21/09/13	City of Liverpool SC Level 3 Tadpole Gala	Everton	Southport	3

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