

# Individual Best Times (All Time)

Maitee Phomsouvanh - (857421) - Newham & University of East Lond - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
40.72	338	H	18/01/15	Essex County Age Group Championships 2015	Basildon		2
41.42	321	F	18/01/15	Essex County Age Group Championships 2015	Basildon		2
41.72	314	H	30/11/14	Essex Senior Junior Championships	Basildon		2
42.21	303	F	01/11/14	Dartford & Erith Fireworks Open Meet	Bexleyheath	Bo Newham	3
42.62	294	H	07/12/14	Thurrock Essex & Regional Qualifier Meet	Grays		3
42.70	293	F	14/12/14	Newham Borough Championships	London	Bo Newham	4
42.81	291	F	05/10/14	Redbridge Early County & Regional Meet	Barkingside	Bo Newham	3
43.61	275		28/09/14	BWFSC County Qualifier Sprint Meet 2014	Walthamstow	Bo Newham	3
43.75	272	H	16/02/14	Essex County Age Groups Championships	Basildon	Bo Newham	2
44.22	264	F	30/11/13	Barking & Dagenham Aquatics 6 Host Borough	Dagenham	Bo Newham	4
44.51	258	F	05/01/14	London Bo Redbridge Winter Meet	Barkingside	Bo Newham	3
45.04	249	H	12/01/14	Killerwhales last Chance County Qualifier	Grays	Bo Newham	3
45.50	242	F	06/10/13	London Bo Redbridge Early County & Regional	Ilford	Bo Newham	3
45.84	237	F	02/11/13	Erith & District SC Fireworks Weekend Open	Bexleyheath	Bo Newham	3
45.96	235	H	12/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Bo Newham	3
48.37	201	F	14/07/12	Barking & Dagenham End of Season Meet	Dagenham	Bo Newham	3
50.57	176	H	15/04/12	Halstead 3rd Short Course Open Meet	Braintree	Bo Newham	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.42	321	F	18/01/15	Essex County Age Group Championships 2015	Basildon		2
40.72	338	H	18/01/15	Essex County Age Group Championships 2015	Basildon		2
42.70	293	F	14/12/14	Newham Borough Championships	London	Bo Newham	4
42.62	294	H	07/12/14	Thurrock Essex & Regional Qualifier Meet	Grays		3
41.72	314	H	30/11/14	Essex Senior Junior Championships	Basildon		2
42.21	303	F	01/11/14	Dartford & Erith Fireworks Open Meet	Bexleyheath	Bo Newham	3

42.81	291	F	05/10/14	Redbridge Early County & Regional Meet	Barksingside	Bo Newham	3
43.61	275		28/09/14	BWFSC County Qualifier Sprint Meet 2014	Walthamstow	Bo Newham	3
43.75	272	H	16/02/14	Essex County Age Groups Championships	Basildon	Bo Newham	2
45.04	249	H	12/01/14	Killerwhales last Chance County Qualifier	Grays	Bo Newham	3
44.51	258	F	05/01/14	London Bo Redbridge Winter Meet	Barksingside	Bo Newham	3
44.22	264	F	30/11/13	Barking & Dagenham Aquatics 6 Host Borough	Dagenham	Bo Newham	4
45.84	237	F	02/11/13	Erith & District SC Fireworks Weekend Open	Bexleyheath	Bo Newham	3
45.96	235	H	12/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Bo Newham	3
45.50	242	F	06/10/13	London Bo Redbridge Early County & Regional	Ilford	Bo Newham	3
48.37	201	F	14/07/12	Barking & Dagenham End of Season Meet	Dagenham	Bo Newham	3
50.57	176	H	15/04/12	Halstead 3rd Short Course Open Meet	Braintree	Bo Newham	3