

# Individual Best Times (All Time)

Maitee Phomsouvanh - (857421) - Newham & University of East Lond - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.99	217	F	14/12/14	Newham Borough Championships	London	Bo Newham	4
42.24	213	H	12/01/14	Killerwhales last Chance County Qualifier	Grays	Bo Newham	3
42.31	212	H	13/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Bo Newham	3
43.19	199		15/12/13	Borough of Waltham Forest B Grade Meet	Waltham	Bo Newham	3
43.55	194	F	04/01/14	London Bo Redbridge Winter Meet	Barkingside	Bo Newham	3
43.57	194	F	05/10/13	London Bo Redbridge Early County & Regional	Ilford	Bo Newham	3
44.53	182	F	03/11/13	Erith & District SC Fireworks Weekend Open	Bexleyheath	Bo Newham	3
45.94	166	F	15/07/12	Barking & Dagenham End of Season Meet	Dagenham	Bo Newham	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.99	217	F	14/12/14	Newham Borough Championships	London	Bo Newham	4
42.24	213	H	12/01/14	Killerwhales last Chance County Qualifier	Grays	Bo Newham	3
43.55	194	F	04/01/14	London Bo Redbridge Winter Meet	Barkingside	Bo Newham	3
43.19	199		15/12/13	Borough of Waltham Forest B Grade Meet	Waltham	Bo Newham	3
44.53	182	F	03/11/13	Erith & District SC Fireworks Weekend Open	Bexleyheath	Bo Newham	3
42.31	212	H	13/10/13	Thurrock SC Season Opener & Club Champs	Thurrock	Bo Newham	3
43.57	194	F	05/10/13	London Bo Redbridge Early County & Regional	Ilford	Bo Newham	3
45.94	166	F	15/07/12	Barking & Dagenham End of Season Meet	Dagenham	Bo Newham	3