

# Individual Best Times (All Time)

Ben Gilchrist - (856706) - Richmond Dales ASC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.77	571	H	28/04/19	Durham City Club Gala Series 2019 - Gala - 1	Freemans Quay	Durham City	4
2:25.30	565	H	24/06/18	Durham City Club Gala Series 2018 - Gala - 1	Freemans Quay Durham	Durham City	4
2:25.34	565	H	03/11/18	Swim England North East Region Championships (25)	Sheffield	Durham City	2
2:27.80	537	F	03/11/18	Swim England North East Region Championships (25)	Sheffield	Durham City	2
2:28.22	532	H	09/12/18	Scottish National Short Course Open Swimming	Edinburgh	Durham City	2
2:28.61	528	H	13/07/19	GAW Summer Meet	Dunston LC	Durham City	3
2:29.92	514	H	08/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	Durham City	3
2:30.13	512	H	15/12/19	Scottish National Short Course Championships	Edinburgh	Durham City	2
2:30.64	507	F	02/11/19	North East Region Open Championships (25m)	Sheffield	Durham City	2
2:30.88	505	H	13/10/18	BOSSS Winter Swim Festival 2018	Billingham	Durham City	2
2:30.90	504	H	02/11/19	North East Region Open Championships (25m)	Sheffield	Durham City	2
2:31.32	500	H	04/11/23	NE Regional Open Championships (25m) 2023	Sheffield	RichmondDale	2
2:32.40	490	H	24/06/21	Richmond Dales ASC	Richmond	RichmondDale	0
2:32.60	488	H	12/10/19	BOSSS Winter Swim Festival 2019	Billingham	Durham City	2
2:34.12	473	H	13/05/17	Wear Valley May Level 3 Meet	Bishop Auckland	Wear Valley	3
2:35.19	464	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesborough	RichmondDale	3
2:35.22	463	H	13/01/22	Richmond Dales ASC Club Champs 2022	Richmond	RichmondDale	4
2:35.88	458	H	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	RichmondDale	2
2:36.22	455	F	19/11/17	Tynemouth ASC Winter Gala	Tynemouth	Durham City	3
2:37.94	440	H	05/11/16	ASA North East Region Senior Junior Champs	Sunderland	Wear Valley	2
2:38.72	433	H	17/06/17	Middlesbrough 2017 Open Meet Gala	Middlesbrough	Wear Valley	3
2:40.26	421	H	03/12/16	Derwentside Christmas Cracker Meet 2016	Stanley	Wear Valley	3
2:40.52	419	H	20/03/16	North Tyneside Mad March Hare Extravaganza	Staney	Wear Valley	3
2:40.77	417	H	23/04/16	Chester le Street Annual Club Gala	Chester-le-Street	Wear Valley	3
2:45.74	381	H	20/09/15	Richmond Dales Open Meet	Durham	Wear Valley	3
2:45.96	379	H	07/11/15	Wear Valley Guy Fawkes Level 3 Meet	Bishop Auckland	Wear Valley	3
2:46.40	376	H	24/10/15	Chester Le Street 40th Anniversary Junior Meet	Chester Le Street	Wear Valley	3

2:46.40	370	H	24/10/15	Chester-Le-Street 40th Anniversary Junior Meet	Chester-Le-Street	Wear Valley	3
2:48.05	365	H	21/11/15	ASANER Regional Age Group Championships	Sunderland	Wear Valley	2
2:53.49	332	H	16/05/15	Wear Valley May Level 3 Meet	Bishop Auckland	Wear Valley	3
2:58.06	307	H	11/01/15	P & D Last Chance County Qualifier	Stanley	Wear Valley	3
3:10.66	250	F	21/09/14	Richmond Dales ASC Open Meet	Durham		3
3:15.24	233	H	30/03/14	North Tyneside Mad March Hare Extravaganza	Stanley	Wear Valley	3
3:19.07	219		08/02/14	Durham City Very Last Chance Qualifier	Durham	Wear Valley	3
3:19.84	217	H	26/04/14	Chester Le Street ASC Open Meet	Stanley	Wear Valley	3
3:22.57	208	H	02/11/13	Wear Valley ASC Guy Fawkes Level 3 Meet	Bishop Auckland	Wear Valley	3
3:27.94	192	H	17/05/14	Wear Valley ASC May 2014 Level 3 Meet	Bishop Auckland	Wear Valley	3
3:32.18	181	H	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	Wear Valley	3
3:34.81	175	H	08/06/13	Derwentside ASC 4th Annual Charity Swim Meet	Stanley	Wear Valley	3
3:38.45	166	H	27/04/13	Chester Le Street Open Meet	Stanley	Wear Valley	3
3:42.02	158	H	07/07/13	Newburn ASC 7th Annual Summer Gala	Tynemouth	Wear Valley	3
3:49.39	143	H	23/02/13	Derwentside ASC Development Meet	Stanley	Wear Valley	3
3:49.74	143		23/09/12	Richmond Dales Open Meet	Durham	Wear Valley	3
3:51.84	139	H	03/11/12	Wear Valley ASC Guy Fawkes Meet	Bishop Auckland	Wear Valley	3
4:00.29	125	H	13/01/13	Newburn ASC New Year Graded Meet	Stanley	Wear Valley	3
4:07.33	114	H	12/11/11	Autumn Graded Series 2011	Stanley	Wear Valley	3

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