

Individual Best Times (All Time)

Ellena Theobald - (856698) - Soundwell SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.00	608	F	03/12/17	Soundwell County Qualifier Open Meet 2017	Gloucester	Soundwell	3
4:36.90	582	F	16/12/17	City of Bristol Christmas Cracker Meet	Hengrove Park LC	Soundwell	2
4:37.60	578	H	05/11/16	ASA SWR Winter Championships	Millfield	Soundwell	2
4:38.37	573	F	16/10/16	Gloucester City Autumn Level 2	Gloucester	Soundwell	2
4:38.58	572	F	25/03/18	Gloucester City Spring Meet 2018	Gloucester	Soundwell	2
4:41.36	555	F	26/01/18	Gloucester County Championships	Gloucester	Soundwell	2
4:44.07	539	F	07/03/15	Gloucestershire County Championships	Gloucester	Soundwell	2
4:45.01	534	F	19/12/15	City of Bristol Level 2 Open Meet	Hengrove Park	Soundwell	2
4:50.17	506	F	25/02/17	Gloucester County Championships	Gloucester	Soundwell	2
4:52.96	492	F	08/03/14	Gloucester County ASA Championships	Gloucester	Soundwell	2
5:01.82	450	F	13/07/14	Gloucester City SC Level 3 July Open Meet	Gloucester	Soundwell	3
5:14.07	399	F	14/07/13	Gloucester Open Meet	Gloucester	Soundwell	3
5:20.97	374	H	03/03/13	Gloucestershire County Championships	Gloucester	Soundwell	2
5:22.01	370	F	05/05/13	City of Newport Spring Open Meet	Newport	Soundwell	2
5:45.04	301	F	15/07/12	Gloucester City SC Level 3 Open Meet	Gloucester	Soundwell	3
5:53.81	279	F	13/05/12	Gloucester City SC L2 Open Meet	Gloucester	Soundwell	2
5:59.85	265	H	04/03/12	Gloucestershire County Championships	Gloucester	Soundwell	2

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