

Individual Best Times (All Time)

Luca D'Adderio Pollock - (856586) - Portobello ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.31	429	F	01/11/14	East District Age Group Championships	Fife	Warrender Ba	2
4:41.38	429	F	15/02/15	Sharks Open Meet	Bellshill	Warrender Ba	2
4:46.98	404		17/05/14	Swim West Lothian IM Tough Meet 2014	Bathgate	Warrender Ba	2
4:55.07	372		26/04/14	Midlothian Spring Meet	Presonpans	Warrender Ba	2
5:01.22	349	F	01/02/14	North Ayrshire 200 Meet	Auchenharvie	Warrender Ba	2
5:02.37	345	F	11/10/14	Warrender Championships	Glenrothes	Warrender Ba	2
5:06.93	330		02/11/13	East District Age Group Championships	Glenrothes	Warrender Ba	1
5:26.82	273	F	05/05/13	Carnegie So Long Meet	Dunfermline	Warrender Ba	2
5:29.90	266		09/06/13	InCas Distance Meet	Dunfermline	Warrender Ba	2
6:10.84	187		03/03/12	East District Challenge Meet	Glenrothes	Warrender Ba	1

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