

Individual Best Times (All Time)

Christian Allen - (855836) - Birkenhead SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:35.44	457	F	01/12/19	Peninsular Championship Galas	Europa Pools	Birkenhead	4
4:54.85	373	F	18/12/16	Wirral Metro Christmas Gala 2016 (L3)	Birkenhead	Birkenhead	3
4:55.75	369	F	25/11/18	Peninsular Group of Clubs Championship Galas	Europa Pools	Birkenhead	3
5:26.34	275	F	07/11/15	Peninsular Championship Galas	Birkenhead	Birkenhead	3
5:26.99	273	F	28/06/15	Aquabears of Rochdale Open Summer Meet	Wigan	Wirral Metro	3
5:28.27	270	F	13/09/15	Wirral Metro Club Championships 2015	Birkenhead	Wirral Metro	4
6:08.26	191	H	11/01/14	Harrogate SC Janus Meet	Harrogate	Hoylake	3
6:29.61	161	F	13/07/13	Wirral Metro L3 Meet	Birkenhead	Hoylake	3
6:35.83	154	F	15/09/13	Wirral Metro Club Championships 2013	Birkenhead	Hoylake	4
6:57.91	131	F	16/09/12	Wirral Metro SC Club Championships 2012	Birkenhead	Hoylake	4

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