

# Individual Best Times (All Time)

Jack Atkinson - (850905) - Middlesbrough SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:44.56	414	H	24/02/18	MASC AA Grade 2018 Gala	The Neptune Centre	Middlesboro	3
4:44.61	414	H	16/06/18	Middlesbrough June 2018 Meet	The Neptune Centre	Middlesboro	3
4:46.56	406	H	08/12/18	Middlesbrough Christmas 2018 Gala	The Neptune Centre	Middlesboro	3
4:51.91	384	H	09/12/17	Middlesbrough Christmas 2017 Meet	The Neptune Centre	Middlesboro	3
4:55.91	369	H	25/03/17	North Tyneside Mad March Hare Extravaganza	Stanley	Middlesboro	3
4:58.97	357	H	11/02/17	Middlesbrough ASC AA Grade 2017 Gala	Middlesbrough	Middlesboro	3
5:02.76	344	H	23/10/16	Middlesbrough Halloween Open Meet	Middlesbrough	Middlesboro	2
5:08.32	326	H	22/10/17	Middlesbrough Halloween 2017 Meet	The Neptune Centre	Middlesboro	2
5:14.12	308	H	18/06/16	Middlesbrough 2016 Open Meet	Middlesbrough	Middlesboro	3
5:14.75	306	H	19/03/16	North Tyneside Mad March Hare Extravaganza	Stanley	Middlesboro	3
5:21.99	286	H	09/04/16	Gateshead & Whickham Spring Meet	Dunston	Middlesboro	3
5:24.84	278	H	02/04/16	Spa Town Meet	Harrogate	Middlesboro	3
5:26.84	273	H	20/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	Middlesboro	3
5:39.13	245	H	12/12/15	Middlesborough Christmas Meet 2015	Middlesborough		3
5:42.89	237	H	09/01/16	Billingham New Year Meet	Billingham	Middlesboro	3
6:13.72	183	H	18/04/15	Middlesborough ASC AA Grade 2015	Middlesborough		3

## Swims in Date Order

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