

Individual Best Times (All Time)

Dominic Keast - (850371) - Bracknell & Wokingham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:36.64	451	H	15/07/17	Bracknell & Wokingham 2017 Club Championships	Bracknell	Bracknell	4
4:39.82	436	H	17/10/15	Bracknell & Wokingham 2015 Club Championships	Bracknell		4
4:42.52	424	H	06/02/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Bracknell	2
4:43.92	417	H	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone		2
4:44.18	416	H	14/07/18	Bracknell & Wokingham Club Championships 2018	Bracknell	Bracknell	4
4:47.12	403	H	02/12/14	Bracknell & Wokingham 2014 Club Championships	Bracknell		4
4:52.56	381	H	15/10/16	Bracknell & Wokingham 2016 Club Champs	Bracknell	Bracknell	4
5:04.32	339	H	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	Bracknell	2
5:32.71	259	H	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Bracknell	2
5:36.63	250	H	19/10/13	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
5:58.75	207	H	20/10/12	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
5:59.12	206	H	17/03/12	Berkshire & Sth Bucks County Championships	Maidenhead	Bracknell	2
6:26.40	165	H	19/11/11	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
6:34.59	155	H	21/01/12	Windsor Level 2 Open Meet	Maidenhead	Bracknell	2

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