

Individual Best Times (All Time)

Dominic Keast - (850371) - Bracknell & Wokingham SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.97	403	H	17/06/17	Bracknell & Wokingham 2017 Club Championships	Bracknell	Bracknell	4
2:23.78	396	H	17/01/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Bracknell	2
2:26.25	376	H	17/10/15	Bracknell & Wokingham 2015 Club Championships	Bracknell		4
2:26.30	376	H	15/10/16	Bracknell & Wokingham 2016 Club Champs	Bracknell	Bracknell	4
2:27.94	364	H	14/07/18	Bracknell & Wokingham Club Championships 2018	Bracknell	Bracknell	4
2:29.39	353	H	02/07/16	Bracknell & Wokingham Summer L3 Meet	Bracknell	Bracknell	3
2:29.62	351	H	04/07/15	The Bracknell Summer Level 3 Open Meet 2015	Bracknell		3
2:33.27	327	H	06/12/14	The Bracknell Winter Level 3 Open Meet	Bracknell		3
2:42.00	277	H	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	Bracknell	2
2:48.04	248	H	05/10/13	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
2:50.75	236	H	30/11/13	Bracknell Level 3 Open Meet	Bracknell	Bracknell	3
2:52.48	229	H	10/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	Bracknell	2
2:54.86	220	H	20/01/13	Windsor Level 2 Licensed Meet	Maidenhead	Bracknell	2
3:00.05	201	H	13/11/12	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
3:06.29	182	H	26/02/12	Berkshire & South Bucks County Championshi	Maidenhead	Bracknell	2
3:12.30	165	H	22/01/12	Windsor Level 2 Open Meet	Maidenhead	Bracknell	2
3:14.12	161	H	29/11/11	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
3:23.77	139	H	02/07/11	Bracknell & Wokingham Open Meet	Bracknell	Bracknell	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:27.94	364	H	14/07/18	Bracknell & Wokingham Club Championships 2018	Bracknell	Bracknell	4
2:22.97	403	H	17/06/17	Bracknell & Wokingham 2017 Club Championships	Bracknell	Bracknell	4
2:26.30	376	H	15/10/16	Bracknell & Wokingham 2016 Club Champs	Bracknell	Bracknell	4
2:29.39	353	H	02/07/16	Bracknell & Wokingham Summer L3 Meet	Bracknell	Bracknell	3
2:23.78	396	H	17/01/16	Berkshire & Sth Bucks 2016 County Championships	Maidenhead	Bracknell	2

2:26.25	376	H	17/10/15	Bracknell & Wokingham 2015 Club Championships	Bracknell		4
2:29.62	351	H	04/07/15	The Bracknell Summer Level 3 Open Meet 2015	Bracknell		3
2:33.27	327	H	06/12/14	The Bracknell Winter Level 3 Open Meet	Bracknell		3
2:42.00	277	H	09/03/14	Berkshire & South Buckinghamshire Champs	Maidenhead	Bracknell	2
2:50.75	236	H	30/11/13	Bracknell Level 3 Open Meet	Bracknell	Bracknell	3
2:48.04	248	H	05/10/13	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
2:52.48	229	H	10/03/13	Berkshire & South Buckinghamshire CC	Maidenhead	Bracknell	2
2:54.86	220	H	20/01/13	Windsor Level 2 Licensed Meet	Maidenhead	Bracknell	2
3:00.05	201	H	13/11/12	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
3:06.29	182	H	26/02/12	Berkshire & South Bucks County Championshi	Maidenhead	Bracknell	2
3:12.30	165	H	22/01/12	Windsor Level 2 Open Meet	Maidenhead	Bracknell	2
3:14.12	161	H	29/11/11	Bracknell & Wokingham Club Championships	Bracknell	Bracknell	4
3:23.77	139	H	02/07/11	Bracknell & Wokingham Open Meet	Bracknell	Bracknell	3