

# Individual Best Times (All Time)

Dexter Lam - (849534) - Gravesend & Northfleet SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.35	379	F	18/03/18	Dartford Spring Meet	Medway		3
1:16.52	377	H	15/10/17	BLSC Club Championships 2017	Medway Park	Black Lion	4
1:17.25	366	H	05/06/18	Medway ASA Championships 2018	Gillingham	Black Lion	3
1:17.60	361	H	01/04/17	City of Canterbury Thanet SCs Spring Reg Qual	Canterbury	Black Lion	3
1:17.71	359	H	01/10/17	Orpington Ojays Season Starter 2017	Gillingham	Black Lion	3
1:17.99	356	H	30/09/18	Orpington Ojays' Season Starter 2018 Open meet	MEDWAY PARK	Black Lion	3
1:18.24	352	H	25/11/17	Black Lion L3 Winter Open Meet 2017	Medway Park	Black Lion	3
1:18.34	351	H	21/04/18	M21eme meeting international	Lumbres	Black Lion	3
1:18.90	343	F	10/12/16	NASLS - Round 3	Gillingham	Black Lion	3
1:19.03	342	H	18/02/17	Rushmoor Royals Reg. Qual. Open Meet	Guildford	Black Lion	3
1:19.73	333	H	03/12/16	Gravesend & Nothfleet Open Meet 2016	Gillingham	Black Lion	3
1:19.93	330	H	26/11/16	Black Lion Winter Open Meet	Gillingham	Black Lion	3
1:20.78	320	H	25/09/16	Black Lion Club Championships	Gillingham	Black Lion	4
1:21.24	315	F	05/11/16	DDSC & EDSC Fireworks Meet 2016	Bexleyheath	Black Lion	3
1:21.32	314	F	08/07/17	3rd Beachfield Summer Open	Gillingham	Black Lion	3
1:21.75	309	H	14/10/18	BLSC Club Championships 2018	Medway Park	Black Lion	4
1:22.08	305	H	02/10/16	Orpington Ojays Season Starter 2016	Gillingham	Black Lion	3
1:22.58	299	F	12/11/16	NASLS Round 2	Margate	Black Lion	3
1:23.14	293	F	08/10/16	NASL South	Bexleyheath	Black Lion	3
1:23.17	293	H	07/05/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:24.05	284	H	19/09/15	Medway ASA Championships 2015	Gillingham		4
1:24.62	278	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Black Lion	3
1:24.66	278	H	30/04/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
1:25.93	266	F	19/09/15	Medway ASA Championships 2015	Gillingham		4
1:26.07	264	H	20/09/15	Black Lion Club Championships	Gillingham		4
1:26.77	258	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
1:28.78	241	H	02/01/16	Dover and Canterbury (Leith) Lebreaker 2016	Kent	Black Lion	3

1:20.73	241	H	03/01/16	Dover and Canterbury (Jointly) Icebreaker 2016	Kent	Black Lion	3
1:29.11	238	F	20/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham		3
1:29.28	237	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham		3
1:34.61	199	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
1:34.64	199	H	09/05/15	Medway ASA Championships 2015	Gillingham		4
1:44.41	148	H	04/10/14	Medway ASA Championships 2014	Gillingham		4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:21.75	309	H	14/10/18	BLSC Club Championships 2018	Medway Park	Black Lion	4
1:17.99	356	H	30/09/18	Orpington Ojays' Season Starter 2018 Open meet	MEDWAY PARK	Black Lion	3
1:17.25	366	H	05/06/18	Medway ASA Championships 2018	Gillingham	Black Lion	3
1:18.34	351	H	21/04/18	M21eme meeting international	Lumbres	Black Lion	3
1:16.35	379	F	18/03/18	Dartford Spring Meet	Medway		3
1:18.24	352	H	25/11/17	Black Lion L3 Winter Open Meet 2017	Medway Park	Black Lion	3
1:16.52	377	H	15/10/17	BLSC Club Championships 2017	Medway Park	Black Lion	4
1:17.71	359	H	01/10/17	Orpington Ojays Season Starter 2017	Gillingham	Black Lion	3
1:21.32	314	F	08/07/17	3rd Beachfield Summer Open	Gillingham	Black Lion	3
1:17.60	361	H	01/04/17	City of Canterbury Thanet SCs Spring Reg Qual	Canterbury	Black Lion	3
1:19.03	342	H	18/02/17	Rushmoor Royals Reg. Qual. Open Meet	Guildford	Black Lion	3
1:18.90	343	F	10/12/16	NASLS - Round 3	Gillingham	Black Lion	3
1:19.73	333	H	03/12/16	Gravesend & Nothfleet Open Meet 2016	Gillingham	Black Lion	3
1:19.93	330	H	26/11/16	Black Lion Winter Open Meet	Gillingham	Black Lion	3
1:22.58	299	F	12/11/16	NASLS Round 2	Margate	Black Lion	3
1:21.24	315	F	05/11/16	DDSC & EDSC Fireworks Meet 2016	Bexleyheath	Black Lion	3
1:23.14	293	F	08/10/16	NASL South	Bexleyheath	Black Lion	3
1:22.08	305	H	02/10/16	Orpington Ojays Season Starter 2016	Gillingham	Black Lion	3
1:20.78	320	H	25/09/16	Black Lion Club Championships	Gillingham	Black Lion	4
1:24.62	278	F	09/07/16	Beachfield 2nd Beachfield Summer Open	Gillingham	Black Lion	3
1:23.17	293	H	07/05/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
1:24.66	278	H	30/04/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
1:28.73	241	H	03/01/16	Dover and Canterbury (Jointly) Icebreaker 2016	Kent	Black Lion	3
1:29.11	238	F	20/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham		3
1:26.77	258	H	29/11/15	Maidstone Level 3 Licensed Open Meet 2015	Maidstone		3
1:26.07	264	H	20/09/15	Black Lion Club Championships	Gillingham		4
1:25.93	266	F	19/09/15	Medway ASA Championships 2015	Gillingham		4
1:24.05	284	H	19/09/15	Medway ASA Championships 2015	Gillingham		4
1:29.28	237	F	11/07/15	Beachfield Swimming Squad Summer Open	Gillingham		3
1:34.64	199	H	09/05/15	Medway ASA Championships 2015	Gillingham		4
1:34.61	199	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
1:44.41	148	H	04/10/14	Medway ASA Championships 2014	Gillingham		4