

Individual Best Times (All Time)

Dexter Lam - (849534) - Gravesend & Northfleet SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.36	351	F	17/03/18	Dartford Spring Meet	Medway		3
35.72	340	F	10/06/18	Dartford Dash	Medway		3
35.80	338	H	07/04/18	BLSC Regional Open Meet	Medway Park	Black Lion	3
36.04	331	F	15/12/18	Bromley SC Christmas Gold Open Meet 2018	Gillingham	Black Lion	3
36.34	323	F	16/12/17	Bromley Christmas Gold Open Meet 2017	Gillingham		3
36.38	322	H	08/10/17	BLSC Club Championships 2017	Medway Paek	Black Lion	4
36.40	322	H	21/04/18	M21eme meeting international	Lumbres	Black Lion	3
36.47	320	H	13/11/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
36.48	319	H	04/12/16	Gravesend & Nothfleet Open Meet 2016	Gillingham	Black Lion	3
36.59	317	H	07/01/18	BLSC Winter Time Trials 2017	Medway Park	Black Lion	4
37.03	305	H	25/09/16	Black Lion Club Championships	Gillingham	Black Lion	4
37.48	294	F	11/06/17	Dartford Dash	Gillingham		3
38.60	270	H	30/04/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
39.62	249	H	06/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
39.78	246	F	20/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham		3
40.67	230	H	15/11/15	Medway ASA Championships 2015	Gillingham		4
40.88	227	H	20/09/15	Black Lion Club Championships	Gillingham		4
41.24	221	H	02/01/16	Dover and Canterbury (Jointly) Icebreaker 2016	Kent	Black Lion	3
44.37	177	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
46.81	151	F	22/03/15	Erith & District and Orpington Ojays SC	Medway Park		3
47.92	141	H	09/11/14	Kent County Development Meet	Gillingham		3
48.19	138	H	16/11/14	Medway ASA Championships 2014	Gillingham		4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.04	331	F	15/12/18	Bromley SC Christmas Gold Open Meet 2018	Gillingham	Black Lion	3

35.72	340	F	10/06/18	Dartford Dash	Medway		3
36.40	322	H	21/04/18	M21eme meeting international	Lumbres	Black Lion	3
35.80	338	H	07/04/18	BLSC Regional Open Meet	Medway Park	Black Lion	3
35.36	351	F	17/03/18	Dartford Spring Meet	Medway		3
36.59	317	H	07/01/18	BLSC Winter Time Trials 2017	Medway Park	Black Lion	4
36.34	323	F	16/12/17	Bromley Christmas Gold Open Meet 2017	Gillingham		3
36.38	322	H	08/10/17	BLSC Club Championships 2017	Medway Paek	Black Lion	4
37.48	294	F	11/06/17	Dartford Dash	Gillingham		3
36.48	319	H	04/12/16	Gravesend & Nothfleet Open Meet 2016	Gillingham	Black Lion	3
36.47	320	H	13/11/16	Medway ASA Championships 2016	Gillingham	Black Lion	4
37.03	305	H	25/09/16	Black Lion Club Championships	Gillingham	Black Lion	4
38.60	270	H	30/04/16	Black Lion L3 Spring Open Meet	Gillingham	Black Lion	3
41.24	221	H	02/01/16	Dover and Canterbury (Jointly) Icebreaker 2016	Kent	Black Lion	3
39.78	246	F	20/12/15	Bromley Christmas Gold Open Meet 2015	Gillingham		3
39.62	249	H	06/12/15	Gravesend & Northfleet Open Meet 2015	Gillingham		3
40.67	230	H	15/11/15	Medway ASA Championships 2015	Gillingham		4
40.88	227	H	20/09/15	Black Lion Club Championships	Gillingham		4
44.37	177	H	02/05/15	Black Lion L3 Spring Open Meet 2015	Medway Park		3
46.81	151	F	22/03/15	Erith & District and Orpington Ojays SC	Medway Park		3
48.19	138	H	16/11/14	Medway ASA Championships 2014	Gillingham		4
47.92	141	H	09/11/14	Kent County Development Meet	Gillingham		3